



# SYMBIOSIS COLLEGE OF ARTS & COMMERCE

An Autonomous College | Under Savitribai Phule Pune University  
Reaccredited 'A+' with 3.51 CGPA For Third Cycle By NAAC | College with Potential for Excellence

Date: 21/02/2023

## Physical Education Exam Pattern Notice

All students studying in F.Y.B. Com & F.Y.B.A have to give the Physical Education exams as per the university guidelines. This exam is compulsory for all.

The format of the exams will be as follows: -

### 1. Physical Fitness Tests

75 Marks

The Physical Fitness Test will consist of

Sr. No	Fitness Factor	Test Name	Marks
1	Cardio Vascular Endurance	12 Minute Run & Walk Test	25
2	Flexibility	Sit and Reach	25
3	Muscular Strength & Endurance	Bent Knee Sit Ups	25
		Total	75

### 2. Project Work

25 Marks

Project work details are as follows,

Games to be selected for project work are **Football, Basketball, Cricket, Athletics, Handball, Badminton, Volleyball, Tennis, Chess, Kabaddi & Kho-Kho** only. You can select any 1 sport from this for writing your project.

Project has to be hand written and cover the following points only:-

- 1) History of the Game
- 2) Ground Measurements – Drawn Diagram with Proper Labelling
- 3) Skills of the Game
- 4) Basic Rules of the Game

Mr. Anirudha Sharma  
Director of Physical Education & Sports

Dr. Yogini Chiplunkar  
Controller of Examination



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### Physical Education Practical Exam Notice

The Annual Physical Education Practical Examination for the students of

F. Y. B. Com & F. Y. B. A will be conducted as per the below schedule.

All the students are required to note that the Physical Education Examination is compulsory for all students.

The Schedule of the Exam will be as follows:

Day and Date	Time	Class
Monday, 13 <sup>th</sup> March 2023	8.00 am	First Year B. Com & B. A (All Girls)
Tuesday, 14 <sup>th</sup> March 2023	8.00 am	First Year B. Com & B. A (All Boys)

\* College ID is compulsory for the exam also reporting on time is Mandatory.

**Venue: Savitribai Phule Pune University Indian Play Ground,**

**Near IUCCA, Near Lawn Tennis Court.**

Please note that the students have to obtain the P. E. Card & Journal in advance from the **Student Help Desk (Ground Floor)** Mr. Deepak Londhe between 10.30 am to 01.00 pm. The card is Mandatory to appear for the examination.

**Note: The card has to be submitted at the time of practical exam itself.**

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### Physical Education Exam Project Submission Notice

The Project Work submission schedule for the students of **F. Y. B. Com & F. Y. B. A** as per the below schedule.

Sr. No	Journal Submission Date	Class	Division	Reporting Time
1	17 <sup>th</sup> March 2023	F.Y.B.A	G	10.00 AM
2	18 <sup>th</sup> March 2023	F.Y.B.Com	A	10.00 AM
3	20 <sup>th</sup> March 2023	F.Y.B.Com	B	10.00 AM
4	21 <sup>st</sup> March 2023	F.Y.B.Com	C	10.00 AM
5	23 <sup>rd</sup> March 2023	F.Y.B.Com	D	10.00 AM
6	24 <sup>th</sup> March 2023	F.Y.B.Com	E	10.00 AM
7	25 <sup>th</sup> March 2023	F.Y.B.Com	F	10.00 AM

The handwritten project on college journal is to be submitted in College Gymkhana on the above mentioned dates only.

All students please note that submission of project is Compulsory along with practical test.

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