



SYMBIOSIS COLLEGE OF ARTS AND COMMERCE
(An Autonomous College affiliated to Savitribai Phule Pune University)

Senapati Bapat Road, Pune 411004

14th January 2021

Backlog Physical Education Exam (January 2020-2021)

Important Instructions

Physical Education Semester I Backlog Exam (2019 Pattern)

- Those students who have backlog in Semester 1 for Physical Education will have to complete the following assignment.
 - Calculate BMI of any 5 members (including yourself) in your family or neighborhood.

Following format is to be used to write the BMI data.

Sr. No	Full Name	Age	Gender	Weight	Height	BMI	BMI Category
1							
2							
3							
4							
5							

- Prepare a workout plan for 1 month for yourself understanding your own body requirements and capacities.
- All students please note that a scanned hand written assignment has to be mailed on anirudha_covid19@symbiosiscollege.edu.in before 30th January 2021.

Instructions to be followed while writing the Assignment –

- Handwriting should be legible and in black ink to facilitate scanning.
- On the top right hand side of **each page** the student should write:
 1. Full Name
 2. Seat number
 3. Signature
 4. Page No.



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Physical Education Semester II Practical Exam

- Those students who have backlog in Semester 2 for Physical Education will have to fill the google form to appear for the Backlog Physical Education Semester II Practical Exam in January/ February 2021.
- It is mandatory to fill the Google form.
- Students failing to do so will not be allowed to appear for the examination.
- The link of the form is shared below.
- The last date to fill the form is 20th January 2021.
- The schedule for the Backlog Physical Education Semester II Practical Exam will be declared on 21st January 2021.
- The practical exam will be conducted between 29th January to 2nd February 2021.
- The exam will be held online through Google Meet.
- Link for filling Google Form - <https://forms.gle/TvJnJ6s5sjRQXxQy9>

If you have any doubts you can send a mail to
anirudha_covid19@symbiosiscollege.edu.in

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Dr. Yogini Chiplunkar
Controller of Examinations