



SYMBIOSIS COLLEGE OF ARTS AND COMMERCE

An Empowered Autonomous College | Under Savitribai Phule Pune University
Reaccredited 'A+' with 3.51 CGPA For Third Cycle By NAAC | College with Potential for Excellence

NOTICE

SYMBIOSIS CENTRE FOR LIBERAL ARTS

2 CREDIT COURSE REGISTRATIONS BATCH – July-October'2026

The Centre for Liberal Arts announces its 2 credit courses for the semester July-October '2026. Students can avail the courses by filling the Google form link below –

Credits Offered - 2

Course fee - Rs. 6,500/- each only

Course Duration - 30 hours

Note:

- The classes will be held twice a week in any one of the 3 slots from 1 pm to 3 pm, 3 pm to 5 pm, 4 pm to 6 pm.
- Each class will be of 30 hours duration.
- Each class will not have more than 15-20 students.
- Classes will be held offline.

'Leverage the emerging and latest trends matching the Gen Z aspirations'.

Courses offered for 2 credits are the following

- **Public Speaking.**

It's all about VOICE not noise

Focus on understanding the importance of public speaking, remove self-consciousness, gain self-confidence and speak in front of an audience, use verbal and nonverbal communication to enhance your speech, Incorporate research, sound reasoning and evidence that support claims they make in their presentations of speeches and outlines.

Faculty – Mr.Ratan Bataliwala

Day - Monday, Wednesday

Timing - 1:00 PM- 3:00 PM

- **Soft Skills and Personality Development**

Unlocking potential through skilling and upskilling

Why study soft skills...it is to understand their importance in our lives. The course will focus on self-presentation, self-analysis, goal setting, teamwork, various communication skills/listening/ stress management, Etiquette-social and corporate-Types, Presentation skills, Interview techniques taught in an interactive manner.

Faculty – Ms.Deepa Jagtap

Day - Tuesday, Thursday
Timing - 1:00 PM- 3:00 PM

- **Learning to Unlearn**

Take a ↻ turn

The course aims at understanding the principles of unlearning. It focuses on identifying the role of the unconscious and subconscious mind in altering self-defeating thought patterns. Through this course, students will challenge perceptions and judgements they hold about themselves and the world.

Faculty – Ms.Simone Samuel
Day - Monday, Wednesday
Timing - 1:00 PM- 3:00 PM

- **Problem Solving and Decision Making**

Don't be problem focused be solution focused

Focuses on the skills of problem solving through projects and survey methods. Case Studies, group discussion, projects, innovative street plays, demonstrations and presentations.

Faculty – Ms.Nidhi Joshi
Day - Monday, Wednesday
Timing - 1:00 PM- 3:00 PM

- **Professional Grooming**

Unveil 'I' side of yours

Teaches Personal Hygiene and Professional Appearance. Enhance verbal and nonverbal communication skills. Focus on workplace and social etiquettes. Boost confidence and professional grooming.

Faculty – Ms.Deepa Jagtap
Day - Monday, Wednesday
Timing - 1:00 PM- 3:00 PM

- **Japanese (Basic)**

A path to Ikigai.

The course will be focused on verbal and nonverbal communication in Japanese. It consists of interactive sessions where students find it engaging as well as entertaining.

Faculty – Ms.Ashwini Shiledar
Day - Tuesday, Thursday
Timing - 1:00 PM- 3:00 PM

- **Creative Writing**

Pen down your dreams in to reality

This course takes a student centered perspective to creative writing offering a range of approaches to help them develop as a writer. It will encourage them to value their resources of memory, perception and voice. It will identify their strengths, weaknesses and interests as a writer in a wide range of genre. It will enable them to find their directions and styles through experiment, practice and constructive feedback.

Faculty- Prof.(Dr.)Hilda David

Day - Monday, Wednesday

Timing - 1:00 PM- 3:00 PM

• Literature and the Supernatural -

When reality fades, the supernatural begins.

The emphasis of the course is to analyze how the supernatural as depicted in literature, is reflective of the human condition. Cultures throughout places and time have developed stories about the supernatural dominion in order to contemplate on life, death and the universe.

Faculty – Prof.(Dr.)Hilda David

Day - Tuesday, Thursday

Timing - 1:00 PM- 3:00 PM

• Wildlife and Nature (Theory and Practical)

Explore the unexplored

This course is an introduction to nature and biodiversity, its importance and conservation. It will be taught in an interactive manner, merging academic training and short projects with intensive lectures, which will be taught by encouraging discussion. Students will be encouraged to design and carry out small theoretical projects to explore their ideas regarding the conservation of biological and cultural diversity and sustainable development. This course will also have a significant part to be conducted on the field, which will enhance the students' understanding of wild and natural spaces.

Faculty – Dr.Shruti Paripatyar

Day - Tuesday, Thursday

Timing - 1:00 PM- 3:00 PM

• Yoga: Theory and Practices -

Stress to de-stress

This course will introduce students to the ancient science of Yoga. They will learn history, basic principles, concepts, applications and numerous benefits of practicing Yoga. They will learn to do Shuddhi Kriyas. (Purification Processes) Course also includes Pranayam and Meditation.

Faculty – Ms.Swapnali Alat

Day - Monday, Wednesday

Timing - 3:00 PM- 5:00 PM

- **Tarot Reading Basics** -

Exploring the language of symbols

Unlock the wisdom of tarot in this beginner friendly course. Learn the meanings behind 78 cards, develop your intuitive reading style for self-reflection and guidance. Perfect for personal growth, and angles on life situations. Helping to recognize inner thoughts, feelings, patterns, and blocks. Provides a framework for personal growth and emotional processing for self and others.

Faculty – Ms.Sunitaa Sane

Day - Monday, Wednesday

Timing - 3:00 PM- 5:00 PM

- **Camera/Photography**

Take a first click of your life!!

The course will comprise of theory, practical and fieldwork. It will help the students to understand the various photography techniques and various types of photography such as – nature, still, event, model etc. Comparison of DSLR camera vs. Point & Shoot & mobile camera, Professional Photography – Tips, Techniques & Effects

Faculty – Mr.Nandkumar Angal

Day - Monday, Wednesday

Timing - 3:00 PM- 5:00 PM

- **Drumming (West African Drumming Module)** -

Discover the rhythm of life

The course believes in teaching with a spirit of universality and excellence. Along with a focus on the technique of how to play the djembe and various rhythms, students will learn authentic background information of when and why these rhythms were originally played.

Faculty – Mr.Varun Venkit

Day - Monday, Wednesday

Timing - 3:00 PM- 5:00 PM

The registrations will be conducted online as well as offline at the Liberal Arts Office, Symbiosis College of Arts and Commerce, S.B. Road, Pune - 411 004.

Please refer below link for registration and register.

<https://forms.gle/xKUmAUgw2gk9M4f96>



Prof.(Dr.) Hilda David

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