



SYMBIOSIS COLLEGE OF ARTS & COMMERCE

An Autonomous College | Under Savitribai Phule Pune University

Reaccredited 'A+' with 3.51 CGPA For Third Cycle By NAAC | College with Potential for Excellence

COURSE TITLE	COMMUNITY PSYCHOLOGY	
Paper Number (In case of Specialization)	Honours Paper II	
Course Learning Outcomes: On successful completion of the module students will be able to: <ol style="list-style-type: none"> 1. Get comprehensive overview of the community psychology discipline 2. Know about the aims of community research 3. Know emerging trends in community psychology 		
Detailed syllabus		
Unit	CONTENTS OF THE COURSE	No. of Lectures
1.	INTRODUCTION TO COMMUNITY PSYCHOLOGY 1.1 What is community psychology? 1.2 Community psychology: A shift in perspective 1.3 Ecological levels of analysis in community psychology 1.4 Seven core values in community psychology	11
2.	THE AIMS OF COMMUNITY RESEARCH 2.1 Questions for conducting community inquiry 2.2 Three philosophies of science for community psychology research 2.3 Problem definition in research: taking a stand on social issues 2.4 Qualitative methods and quantitative methods of community psychology research	11
3.	UNDERSTANDING COMMUNITIES 3.1 What is a community? 3.1.1 Types of communities 3.1.2 Levels of communities 3.1.3 Who defines communities? 3.2 The importance of community: Social capital 3.3 Stress and coping: An ecological-contextual model 3.4 Mutual help groups	11
4.	PREVENTING PROBLEM BEHAVIOR AND PROMOTING SOCIAL COMPETENCE 4.1 Introduction to prevention and promotion: Concepts for understanding prevention and promotion 4.2 Prevention and promotion: Issues in implementing programs 4.3 Community and social change: Elements of effective community change initiatives	12

	4.4 Emerging trends in community psychology 4.5 Where will you use community psychology?	
	Total Number of Lectures	45
Teaching Methodology	1. PowerPoint Presentations 2. Audio-visual teaching aids 3. Classroom discussions	
Projects / Field work as part of continuous assessment: Topic: Design an intervention program for stress management to promote physical and psychological well-being in your community Objectives: Application of stress and coping: An ecological-contextual model Learning Outcomes: Students will be able to design programs for community welfare.		