



Symbiosis College of Arts and Commerce

(An Autonomous College Affiliated to University of Pune)

Subject code		Semester	I	II	III	IV	V	VI	M.Com.	I	II	III	IV
Title of Subject (For F.Y. as appeared in the prospectus) (For S.Y. & T.Y. titles can be as per the approval of BOS)	DEVELOPMENT ACROSS LIFE SPAN-II (S2)												
Objectives	<ol style="list-style-type: none"> 1. To help the students understand influences of various factors, specifically social and personality factor on Middle Childhood to Late Adulthood stage. 2. To acquaint the students with the various hazards and disorders occurring in Middle Childhood to Late Adulthood stage. 3. To acquaint the students with the importance of impact of parenting style on human development. 4. To enable students understand the importance of nutrition at Middle Childhood, to Late Adulthood stage. 												
Detailed syllabus													
Unit	Contents of the syllabus												Number of Lectures
1	<p><u>MIDDLE CHILDHOOD</u></p> <p>1.1. Physical Development and Motor Development</p> <p style="padding-left: 20px;">1.1.1 Weight and height</p> <p style="padding-left: 20px;">1.1.2. Childhood Obesity</p> <p style="padding-left: 20px;">1.1.3. Gross Motor</p> <p style="padding-left: 20px;">1.1.4. Fine Motor</p> <p style="padding-left: 20px;">1.1.5. Psychological Disorder: Bipolar disorder</p> <p>1.2. Cognitive Development</p> <p style="padding-left: 20px;">1.2.1. Intellectual and Language development:</p> <p style="padding-left: 20px;">1.2.2. Piagetian Approach,</p> <p style="padding-left: 20px;">1.2.3. Information Processing</p> <p style="padding-left: 20px;">1.2.4. Vygotsky's Approach</p> <p style="padding-left: 20px;">1.2.5. Three R's</p> <p style="padding-left: 20px;">1.2.6. Intelligence: Mental retardation and giftedness</p> <p>1.3. Children with special Needs</p> <p style="padding-left: 20px;">1.3.1. Sensory Difficulties</p> <p style="padding-left: 20px;">1.3.2. Learning Disability</p> <p style="padding-left: 20px;">1.3.3. Attention Deficit Hyperactive Disorder</p> <p>1.4. Social and Personality development</p> <p style="padding-left: 20px;">1.4.1. Psychosocial Development: Erick Erickson- Industry-verses- Inferiority Stage</p> <p style="padding-left: 20px;">1.4.2. Self Esteem</p> <p style="padding-left: 20px;">1.4.3. Moral Development: Pre conventional, Conventional and Post conventional.</p> <p style="padding-left: 20px;">1.4.5. Changing Views of Friendship</p>												14

	1.4.6. Family status and development 1.5. Nutrition and middle school	
2	<p><u>ADOLESCENCE</u></p> <p>2.1. Physical Development</p> <p> 2.1.1. Maturation and Onset of Puberty and timing</p> <p> 2.1.2. Eating Disorders: Obesity, Anorexia Nervosa and Bulimia</p> <p>2.2. Cognitive growth</p> <p> 2.2.1. Brain development and thought</p> <p> 2.2.2. Piagetian Approach</p> <p> 2.2.3. Information Processing Perspective</p> <p> 2.2.4. Egocentrism Thinking</p> <p>2.3. Social and Personality Development: Nature and Difficulties</p> <p> 2.3.1. Identity Formation</p> <p> 2.3.2. Self-Concept</p> <p> 2.3.3. Self-Esteem</p> <p> 2.3.4. Identity Crisis</p> <p> 2.3.4. Depression and Suicide</p> <p> 2.3.5. Drug Abuse and Juvenile delinquency</p> <p> 2.3.6. Teen Pregnancy and Sexually Transmitted Diseases</p> <p>2.4. Family and Friends: Changing Relations</p> <p> 2.4.1. Generation Gap Myth</p> <p> 2.4.2. Conflict with Parents</p> <p> 2.4.3. Peer Relationship</p> <p>2.5. Nutrition in Adolescence</p>	14
3	<p><u>ADULTHOOD</u></p> <p>3.1. Physical Development</p> <p> 3.1.1. Role of senses</p> <p> 3.1.2. Motor functioning, health and fitness</p> <p> 3.1.3. Obesity</p> <p>3.2. Cognitive Development</p> <p> 3.2.1. Intellectual growth</p> <p> 3.2.2. Alternative view of Intelligence</p> <p>3.3. Psychological Issues and Difficulties</p> <p> 3.3.1. Stress and coping</p> <p> 3.3.2. Psychosomatic Diseases</p> <p> 3.3.3. Midlife crisis</p> <p> 3.3.4. Empty nest syndrome</p> <p>3.4. Social Development</p> <p> 3.4.1. Seeking Intimacy by Erickson, Generativity verses Stagnation</p> <p> 3.4.2. Friendship and love,</p> <p> 3.4.3. Career choice, work and leisure</p> <p> 3.4.4. Marriage and Parenthood, becoming grand parent</p> <p>3.5. Nutrition in Adulthood</p>	13
4	<p><u>MIDDLE and LATE ADULTHOOD</u></p> <p>4.1. Physical Development</p> <p> 4.1.1. Slowing reaction time</p>	13

	<p>4.1.2. Senses</p> <p>4.2. Physical and Psychological Disorders</p> <p>4.2.1. Aging and Illness</p> <p>4.2.2. Cancer and stroke</p> <p>4.2.3. Depression</p> <p>4.2.4. Alzheimer's Disease</p> <p>4.2.5. Stress and adulthood</p> <p>4.3. Social and Personality Development</p> <p>4.3.1. Continuity and change in personality during adulthood</p> <p>4.3.2. Successful aging</p> <p>4.3.3. Work and retirement</p> <p>4.3.4. Relationships:</p> <p>4.3.4.1. Marriage</p> <p>4.3.4.2. Dealing with retirement</p> <p>4.3.4.3. Social networks</p> <p>4.4. Theories to aging</p> <p>4.4.1. Erickson's stage</p> <p>4.4.2. Genetic programming</p> <p>4.4.3. Wear-and tear theories of aging</p> <p>4.4.4. Life expectancy</p> <p>4.5. Confronting Death: Understanding the process of dying</p>	
	Total Number of Lectures	54
<p>Suggested Reference Books</p> <ol style="list-style-type: none"> 1. Feldman, R. S. 4th ed. (2006). <i>Development across the life span</i>. London: Pearson Edu. 2. Hurlock, E. <i>Developmental psychology</i>. 3. Berk, L. E. (2010). <i>Child Development</i> (8th Ed.). New Delhi: Prentice Hall. 4. Mitchell, P. and Ziegler, F. (2007). <i>Fundamentals of development: The Psychology of Childhood</i>. New York: Psychology Press. 5. Misra, G. (2009). <i>Psychology in India, Vol. 1: Basic Psychological Processes and Human Development</i>. India: Pearson. 6. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). <i>Human development</i> (9th Ed.). New Delhi: McGraw Hill. 7. Santrock, J. W. (2008). <i>Child Development</i> (11th Ed.). New Delhi: McGraw Hill. 8. Santrock, J.W. (2006). <i>Adolescence</i>. New Delhi: McGraw Hill. 9. Saraswathi, T.S. (2003). <i>Cross-cultural perspectives in Human Development: Theory, Research and Applications</i>. New Delhi: Sage Publications. 10. Srivastava, A.K. (1997). <i>Child Development: An Indian Perspective</i>. New Delhi: NCERT. 		
<p>Suggested Journals</p> <ol style="list-style-type: none"> 1. Journal of Applied Developmental Psychology 2. Journal of Indian Academy of Applied Psychology 3. Psychological Studies 		
<p>Web sites :</p> <ol style="list-style-type: none"> 1. http://www.sciencedirect.com. 2. www.apa.org 		