



Symbiosis College of Arts and Commerce

(An Autonomous College Affiliated to University of Pune)

Subject code		Semester		I	II	III	IV	V	VI	M.Com.	I	II	III	IV
Title of Subject (For F.Y. as appeared in the prospectus) (For S.Y. & T.Y. titles can be as per the approval of BOS)		DEVELOPMENT ACROSS LIFE SPAN-I (S2)												
Objectives	Objectives: <ol style="list-style-type: none"> 1. To acquaint the students with basic concepts of human developmental processes. 2. To acquaint the students with the methodology and scope of research in developmental psychology 3. To enable the students understand various factors influencing prenatal, to preschool development. 4. To acquaint the students with the various hazards and disorders occurring in prenatal to preschool stage. 5. To enable students understand the importance of nutrition from prenatal to preschool development stages. 													
Detailed syllabus														
Unit	Contents of the syllabus													Number of Lectures
1	<u>INTRODUCTION TO LIFESPAN DEVELOPMENT</u> 1.1 Nature of Development and related terms 1.2 Theories and themes of Developmental Psychology <ol style="list-style-type: none"> 1.2.1. Psychodynamic 1.2.2. Behavioural 1.2.3. Cognitive 1.2.4. Humanistic 1.2.5. Contextual 1.2.6. Evolutionary 1.3. Research methods and designs for studying development <ol style="list-style-type: none"> 1.3. 1. Longitudinal Study 1.3.2. Cross sectional research 1.3.3. Sequential design 1.4. Development in the Indian context													12
2	<u>PERIODS OF DEVELOPMENT</u> 2.1. Prenatal development and Birth 2.2. Heredity and Environment 2.3. Earliest development <ol style="list-style-type: none"> 2.3.1. Genes and Chromosomes 2.3.2. Genetic Disorders 2.3.3. Genetic counselling 2.4. Prenatal growth and Change													14

	<p>2.4.1. Threats to prenatal development 2.4.2. Nutrition and prenatal Development 2.5. Birth: 2.5.1. From fetus to Neonate 2.5.2. Threats: birth complications 2.5.3. Competent New born</p>	
3	<p><u>INFANCY</u> 3.1. Physical Development 3.1.1. First Steps 3.1.2. Growth and Motor development 3.1.3. Development of senses 3.2. Cognitive Development: Piaget’s Approach 3.2.1. Roots of Language 3.2.2. Social and Personality 3.2.3. Developing the roots of sociability 3.3. Forming Relationship 3.4. Developmental Disorders: 3.4.1. Mental Retardation, 3.4.2. Autism, 3.4.3. ADHD, 3.4.4. Learning Disabilities 3.5. Nutrition in Infancy</p>	14
4	<p><u>PRESCHOOL DEVELOPMENT</u> 4.1. Physical Development and Motor Development 4.1.1. Body shape and structure 4.1.2. Lateralization of Brain 4.1.3. Gross Motor 4.1.4. Fine motor 4.2. Cognitive Development: 4.2.1. Piaget’s Approach 4.2.2. Vygotsky’s Approach 4.2.3. Language Development 4.3. Social and Personality Development 4.3.1. Feeling Mothers Pain 4.3.2. Forming Sense of Self: Psychosocial development, Self Concept, Gender Identity 4.3.3. Friendship and Family: Development of friendship, Parenting Styles 4.4. Moral Development: Developing morality, Aggression 4.5. Nutrition in Preschool</p>	14
	Total Number of Lectures	54
<p>Suggested Reference Books</p> <ol style="list-style-type: none"> 1. Feldman, R. S. 4th ed. (2006). <i>Development across the life span</i>. London: Pearson Edu. 2. Hurlock, E. <i>Developmental psychology</i>. 3. Berk, L. E. (2010). <i>Child Development</i> (8th Ed.). New Delhi: Prentice Hall. 4. Mitchell, P. and Ziegler, F. (2007). <i>Fundamentals of development: The Psychology of Childhood</i>. 		

New York: Psychology Press.

5. Misra, G. (2009). *Psychology in India, Vol. 1: Basic Psychological Processes and Human Development*. India: Pearson.
6. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). *Human development* (9th Ed.). New Delhi: McGraw Hill.
7. Santrock, J. W. (2008). *Child Development* (11th Ed.). New Delhi: McGraw Hill.
8. Santrock, J.W. (2006). *Adolescence*. New Delhi: McGraw Hill.
9. Saraswathi, T.S. (2003). *Cross-cultural perspectives in Human Development: Theory, Research and Applications*. New Delhi: Sage Publications.
10. Srivastava, A.K. (1997). *Child Development: An Indian Perspective*. New Delhi: NCERT.

Suggested Journals

1. Journal of Applied Developmental Psychology
2. Journal of Indian Academy of Applied Psychology
3. Psychological Studies

Web sites :

1. <http://www.sciencedirect.com>.
2. www.apa.org