

 <p>SYMBIOSIS</p>	<h2>Symbiosis College of Arts and Commerce</h2> <p>(An Autonomous College under Savitribai Phule Pune University)</p> <h3>LIFESKILLS COURSE FOR 'DEGREE WITH HONOURS' PROGRAMME</h3>	
<p>Title of the Course: Value Education No. Of Hours: 45 Course Code: 50405L16</p>		
<p>Name of the Faculty: Ms Jasmina Kumar</p>		
<p>Course learning outcomes</p>	<p>CO 1: Explain the importance of one's value systems in an increasingly changing local and global environment.</p> <p>CO 2: Determine one's values and principles without unhealthy influences</p> <p>CO 3: Discriminate between positive and negative impact of social media on one's values and thought patterns.</p> <p>CO 4: Formulate connections with like-minded people and enhance one's personal and career growth.</p> <p>CO 5: Construct the well-being of the community and nation.</p>	
<p>Teaching Methodology:</p>		
<ol style="list-style-type: none"> 1. Classroom discussions 2. Outdoor sessions 3. Guest lectures 4. Workshops 		
<p>Unit</p>	<p>Contents of the syllabus</p>	<p>Number of Hours</p>
<p>1.</p>	<p>Introduction to ethics and values Morals and principles Standards and code of conduct. Are morals redundant?</p>	<p>3</p>
<p>2.</p>	<p>What are your values? Making a deliberate and conscious attempt to identify which values are the most important to you. Assessing the influence of family, education, religious institutions, social and political systems. Are values permanent?</p>	<p>5</p>

3.	Steps to determining your values –Categorisation of values ,creating a value bank ,analysing relationship between values and goals.	4
4.	Values and culture/tradition- The subtle influence of culture and tradition on our values Clashes in value systems due to society and culture.	5
5.	Value pyramid Setting values starting from most to least important Comparing with Maslows Need Hierarchy	2
6.	Tracking life journeys of role models— Role models and mentors and how they impact our thinking patterns Long term impact of role models and mentors. Does mentoring help in determining values?	6
7	Intellect versus emotion versus spirit Values are determined at different levels of our being, Reconciling conflicting values for stability and personal growth	4
8	Study of relationship between values and media The increasing influence of media on our values as individuals and society as a whole. Enabling an understanding of the pros and cons of social media and its effect on us.	4
9	Ramayana and Mahabharat Viewing Discussion on values then and now. Dilemma experienced due to conflicting human values Relevance of the epics today	7
10	Case Studies ,Value Charts for practical understanding and study	5
	Total Number of Hours	45
<p>Suggested Reference Books</p> <ul style="list-style-type: none"> • The End of Education: Redefining the Value of School” by Neil Postman • Corporate Valuation and Value Creation” by Prasanna Chandra • “Value Education” by Dr Kiruba Charles and V Arul Selvi • Peace And Value Education” by Dr S Arulsamy 		

