



SYMBIOSIS COLLEGE OF ARTS & COMMERCE

(An Autonomous College Affiliated to University of Pune)

SYLLABUS

SYBA

2017-18

SUBJECT	SEMESTER - 3	SEMESTER - 4
GROUP "A"(COMPULSORY)		
Compulsory English	Language Through Literature - 2A	Language Through Literature - 2B
GROUP "B"(A student must choose three subjects of which at least one subject must be from the specialization subject #)		
Economics (Gen) #	Indian Banking System and Financial Markets	Economics of Development
English (Gen) #	Renaissance Literature	Neoclassical Literature
Psychology (Gen)#	Social Psychology -1	Social Psychology -2
Political Science	Political Ideologies	Public Administration
Geography	Geography of Human Resource- 1	Geography of Human Resource- 2
Hindi	Gadya ki Vibhinna Vidhaye & Grammar	Aadhunik Kavya & Grammar
GROUP "C"(SELECT ANY ONE SUBJECT FOR SPECILIZATION)		
Economics	Microeconomics: Theory and Applications -I	Microeconomics: Theory and Applications -II
	Macroeconomics: Theory and Applications -I	Macroeconomics: Theory and Applications -II
English	Romantic Literature	Popular Fiction
	Literature in Translation	Literary Criticism -1
Psychology	Health Psychology (Spl.1)	Coping Mechanism (Spl.3)
	Life Span Development (Spl.2)	Life Span Development-II (Spl.4)
Note : Environmental Science will be a Compulsory subject for Semester - 3		

LANGUAGE THROUGH LITERATURE - 2A – SEM III

Unit	Contents	Number of Lectures
	Prose	
1	Oscar Wilde – <i>The Happy Prince</i>	5
2	J.S. Mill – <i>Good Manners</i>	5
3	Ruskin Bond – <i>The Eyes are Not Here</i>	5
4	Robert Lynd - <i>Forgetting</i>	5
5	Anton Chekhov – <i>The Bet</i>	5
	Poetry	
1	Edmund Spenser – <i>One Day I Wrote Her Name</i>	4
2	Alexander Pope – <i>Ode on Solitude</i>	4
3	Rabindranath Tagore – <i>Where the Mind is without Fear</i>	4
4	Rudyard Kipling - <i>If</i>	4
5	Robert Burns – <i>My Luve's like a Red, Red Rose</i>	4
	Assignment	9
	Total	54
Textbook: <i>Language Through Context : An Anthology of Prose and Poetry (Orient Blackswan)</i>		

INDIAN BANKING SYSTEM AND FINANCIAL MARKETS SEM III

Unit	Contents of the syllabus	Number of Lectures
1	Commercial Banking in India: Overview 1.1 Structure of Commercial Banking 1.2 Characteristics of Commercial Banks 1.3 Role of Commercial Banks in Economic Development	08
2	Trends and Progress in Commercial Banking 2.1 Overview of Progress and Performance of Commercial Banks in India 2.2 Disintermediation, Globalisation and Competition 2.2 Inclusivity and the banking sector 2.3 Asset Quality in the banking sector	12
3	Central Banking and Monetary Policy a. The RBI as a Central Bank: Structure, Functions and Working b. Objectives and Working of Monetary Policy 3.3 Targets and Policy debates of Monetary Policy	10
4	Reforms in The Banking Sector 4.1 Rationale and Objectives of Reforms 4.2 Banking Sector Reforms 4.3 BASEL Norms	12
5	Financial and Instruments 5.1 Meaning of Financial Markets 5.2 Money Market 5.3 Capital Market 5.4 Financial Instruments: REPO, TBS, Equities, Bonds, Derivatives. 5.5 Characteristics of Financial Instruments: Liquidity, Maturity, Safety and Yield	12
	Total Number of Lectures	54
Suggested Reference Books Bharati Pathak (2011) The Indian Financial System: Pearson Education Publication New Delhi Bhattacharaya, B.B., Financial Reforms and Financial Development in India, Institute of		

Management Technology, New Delhi

Bhole, L.M. (2008), Financial Institutions and Markets; Tata McGraw Hill Company Ltd., New York.

Chandra, P. (1997), Financial Markets, (4th Edition), Tata McGraw Hill, New Delhi.

Desai Vasant, Money and Central Banking, Himalaya House, Mumbai.

Gupta, S.B., Monetary Economics, Institutions, Theory and Policy, S. Chand & Co., New Delhi.

Hanson, J.A. and S. Kathuria (Eds.) (1999), India: A Financial Sector for the Twenty-first Century, Oxford University, Press, New Delhi.

Khan, M.Y. (1996), Indian financial System, Tata McGraw Hill, New Delhi.

MachiRaju, M.R. (1999), Indian Financial Systems, Vikas Publishing, New Delhi.

Prasad, K.N. (2001), Development & India's Financial Systems, sarup & Sons, New Delhi.

Shekhar, S.L.N., Modern Banking, Monetary Policy and Finance, Deep and Deep Publications, New Delhi.

Srivastava R.M. and Divya Nigam 2001– Management of Indian Financial Institutions, Oxford University Press, New Delhi.

Sundharam, K.P.M., Money, Banking, Trade and Finance, S. Chand & Co., New Delhi

Reserve Bank of India, Report on Trend and Progress of Banking in India,

Reserve Bank of India, Report on Currency and Finance (Annual), Mumbai

Kapoor, G.P., Commercial Banking

Suggested Journals

[Reserve Bank Of India - Occasional Papers](#)

(Mumbai, Reserve Bank Of India)

[Reserve Bank Of India - Bulletin](#)

(Mumbai, Reserve Bank Of India)

Professional Banker, Published by: the ICFAI University Press

The Indian Banker, Published by: Indian Banks Association

Bank Quest, Published by: Indian Institute of Banking and Finance

Web sites:

www.rbi.org.in

Indiabudget.nic.in

RENAISSANCE LITERATURE – SEM III

Unit	Contents	Number of Lectures
1.	Introduction	4
2.	Ben Jonson: The Silent Woman	14
3.	William Shakespeare: The Merchant of Venice	14
4.	Shakespeare's Sonnets: 30,73,116	5
5.	Francis Bacon : Of Friendship, Of Beauty	4
6.	John Donne: Go catch a falling star, Being the Shortest Day, Good morrow	6
7.	Andrew Marvel: To his Coy Mistress	3
8.	Assignments & Presentations	4
	Total Number of Lectures	54

Suggested Reference Book:

1. The Cambridge history of English literature. Ed A.W.Ward, A.R Waller. New York; London Putnam
2. Chambers.E.K. The Elizabethan Stage. Oxford: The Clarendon Press
3. Hadfield Andrew. The English Renaissance, 1500-1620
4. Hathway, Michael. A Companion to English Renaissance Literature and Culture (200)

SOCIAL PSYCHOLOGY –I – SEM III

Unit	Contents of the syllabus	Number of Lectures
1	<p><u>SOCIAL PSYCHOLOGY: AN INTRODUCTION</u></p> <p>Definition and nature of social psychology</p> <p>1.2. Theories in social psychology</p> <p style="padding-left: 20px;">1.2.1. Motivational</p> <p style="padding-left: 20px;">1.2.2. Learning</p> <p style="padding-left: 20px;">1.2.3. Cognitive</p> <p>1.3. Research methods of Social Psychology:</p> <p style="padding-left: 20px;">1.3.1. Methods of data collection</p> <p style="padding-left: 40px;">1.3.1.1. Experimental Method</p> <p style="padding-left: 40px;">1.3.1.2. Correlational Method and Survey Method</p> <p>1.4 Tools of data collection</p> <p style="padding-left: 20px;">1.4.1. Observation</p> <p style="padding-left: 20px;">1.4.2. Self-report</p> <p style="padding-left: 20px;">1.4.3. Archival.</p> <p style="padding-left: 20px;">1.4.4. Internet</p>	14
2	<p><u>SOCIAL COGNITION AND PERSON PERCEPTION</u></p> <p>2.1. Impact of schemas on social cognition</p> <p>2.2. Theories of attribution: Theory of Correspondent Inference and Kelly's Theory of Causal Attributions</p> <p>2.3. Basic sources of attribution error: The Correspondence Bias, The Actor-Observer effect, The Self-Serving bias</p> <p>2.4. Impression formation and impression management: Some important Perspectives.</p>	13
3	<p><u>LEARNING ABOUT THE SELF</u></p> <p>3.1. The self: Definition, nature and functions formation of Self</p> <p style="padding-left: 20px;">3.1.1. Personal versus social identity</p> <p style="padding-left: 20px;">3.1.2. Self-awareness</p> <p>3.2. Self-esteem: Measurement, self-serving biases, sex-differences in self-esteem</p> <p>3.3. Self-presentation and self-regulation</p> <p>3.4. The self as target of behaviour</p>	14
4	<p><u>ATTITUDE</u></p> <p>4.1. Attitude: Definition and components</p> <p>4.2. Formation of attitude</p> <p>4.3. Attitude change</p> <p style="padding-left: 20px;">4.3.1. Spontaneous change and persistence</p> <p>4.4. Cognitive Dissonance: What it is and how we manage it?</p>	13
	Total Number of Lectures	54
<p>Suggested Reference Books</p> <p>1. Baron, R.A.; Byrne, D. and Branscombe, N.R. (2006). <i>Social psychology</i>. 11th ed. N.D.: Pearson.</p>		

2. Taylor, S.E.; Peplau, L.A. and Sears, D.O. (2006). *Social psychology*.12th ed. N.D.: Pearson.
3. Baron, R.A.; Byrne, D. (1998). *Social psychology*. 10th ed. N.D.: Prentice-Hall of India Pvt. Ltd.
4. Aronson, E., Wilson, T.D. and Akert, R.M. (2010). *Social Psychology* (7th ed.). Boston: Prentice Hall.
5. Myers, D.G. (2005). *Social Psychology* (8th ed.). New Delhi : Tata McGraw Hill.

Suggested Journals

1. Journal of Indian Academy of Applied Psychology.
2. Psychological Studies.

Web sites:

1. www.jstor.com
2. www.sciencedirect.com

POLITICAL IDEOLOGIES – SEM III

<u>S. No.</u>	<u>Topics</u>	<u>No. of Lectures</u>
<u>1</u>	Meaning and nature of Political Ideologies	<u>02</u>
<u>2</u>	Nationalism: Definition, factors Contributing to Nationalism, Doctrine of Self- determination. Types of nationalism. Internationalism	<u>10</u>
<u>3</u>	Democracy: Definition and features, Conditions of successful Democracy. Strengths and Weaknesses of democracy.	<u>8</u>
<u>4</u>	Liberalism- Meaning and features. Neo- Liberalism.	<u>4</u>
<u>5</u>	Marxism: Features, Karl Marx's Dialectical materialism, Marxian – Historical Materialism, Theory of Class Struggle, Theory of Surplus Value and Withering away of State.	<u>10</u>
<u>6</u>	Fascism: Rise of fascism, features, Critical appraisal of fascism.	<u>6</u>
<u>7</u>	Gandhism: Concept of Truth and Non-Violence, Ideal Society, Swarajya Swasthi and Sarvodaya.	<u>10</u>
<u>8</u>	Feminism: meaning, Features and relevance	<u>4</u>
	Total	54

Duration of 1 lecture: 50 min.

Total duration of all lectures: 50 min * 54 lectures = 2700 min. (45 hours).

Readings

- a. A.C. Kapur, Principles of Political Science, S. Chand & Company LTD. Ram Nagar, New Delhi- 110055
- b. Eddy Asirvatham.K.K. Misra, Political Theory, S. Chand & Company LTD. Ram Nagar, New Delhi- 110055
- c. Sabine G. H., 1971, A History of Political Theory, Calcutta, Oxford & I.B.H., George Co. Std.
- d. Suda J P & Satish Kumar, 1982, History of Political Thought, New Delhi, Nath & Co
- e. . Prasad Beni : Theory and Government in Ancient India
- f. Political Theory VD Mahajan. S. Chand and Company Ltd. Ram Nagar New Delhi.

GEOGRAPHY OF HUMAN RESOURCE- I – SEM III

Unit	Contents Of The Syllabus	Number Of Lectures
1	Introduction to Human Geography a. Meaning & Definition Of Human Geography b. Nature & Scope of Human Geography C) Importance of Human Geography c. Branches of Human Geography d. Human Geography & Its Relation With Social Sciences	10
2	Thought in Human Geography a. Development of Human Geography b. Philosophical Foundation of Human Geography” c. Concept of “Determinism & Possiblism” d. Stop & Go Determinism	12
3	Human Evolution & Reces a. Evolution Man b. Recial Classification c. World Distribution Of Reces d. Reces & International Understanding	13
4	World & India a. Rural Life World & India i) Various Agricultural Practices ii) Organic & Zero Budget Agriculture iii) Agro Tourism iv) Various Revolutions – Related to Agriculture b. Urban Life World & India i) Process of Urbanisation ii) City Structure iii) Central Business District iv) Smart Cities v) Problems Of Urbanization & Urban Planning	13
5	Seminar, Case Studies, Documentaries	6
	Total	54

द्वितीय वर्ष कला
सिम्बायसिस कला एवं वाणिज्य महाविद्यालय
२०१३-२०१४

हिन्दी
प्रस्तावित अभ्यासक्रम

उद्देश्य :

१. छात्रों को हिन्दी के साहित्यकारों से परिचित कराना ।
२. छात्रों को हिन्दी की विभिन्न विद्याओं से परिचित कराना ।
३. छात्रों को हिन्दी के कार्यालयीन एवं व्यावहारिक पत्रों के स्वरूप का ज्ञान देना ।
४. छात्रों को विज्ञान, अनुवाद, भेटवार्ता, साक्षात्कार आदि हिन्दी भाषा के व्यावहारिक क्षेत्रों से परिचित कराना ।
५. हिन्दी भाषा और साहित्य के प्रति रुचि उत्पन्न करना ।

अध्यापन पध्दति :

१. व्याख्यान तथा विश्लेषण
२. कहानी, नाटक आदि गद्य विद्याओं की समीक्षा के विविध आयामों से परिचित कराना ।
३. पत्रों के नमूनों से छात्रों को परिचित कराना ।

MICROECONOMICS: THEORY AND APPLICATIONS- I – SEM III

Unit	Contents of the syllabus	Number of Lectures
1	<p>Introduction to Microeconomics & Tools for Analysis</p> <p>1.1 Micro Economics - Definition, Scope, importance & limitations. 1.2 Circular Flow of Income 1.3 Basic Economic Problems 1.4 Macroeconomics –Definition & Scope 1.5 Difference between Micro and Macro Economics 1.6 Tools for Economic Analysis – Functional relationships Schedules Graphs Equations Slope</p>	08
2	<p>Utility Analysis & Theory of Demand</p> <p>2.1 Utility Analysis- Concept of Utility & DMU 2.2 Law of Equimarginal Utility 2.3 Demand & its Determinants 2.4 Elasticity of Demand – (Definition, Types, Determinants & Importance) 2.5 Methods of measurements Price Elasticity --Types, importance Income elasticity – Types, importance Cross elasticity – Types, importance 2.6 Case studies on Concepts of Demand and Elasticity of Demand</p>	14
3	<p>The Indifference Curve Theory_& Revealed Preference Theory</p> <p>3.1 Ordinal Utility Analysis- Assumptions 3.2 Indifference Curve, Concept & Properties 3.3 Marginal Rate of Substitution 3.4 Producers & Consumer’s Equilibrium Income Effect Substitution Effect Price effect 3.5 Critical Evaluation of Indifference Curve Analysis 3.6 Revealed Preference Theory</p>	12
4	<p>Supply Analysis & Theory of Production</p> <p>4.1 Supply Analysis: Law, Determinants & Elasticity of Supply 4.2 Production Function 4.3 The law of Variable Proportions 4.4 Law of returns to Scale. 4.5 Internal and External: Economies & Diseconomies of Scale</p>	10

	4.6 Case Studies on Supply and Returns to Scale	
5	Cost Analysis 5.1 Cost concepts: Fixed & Variable Cost Opportunity cost Average & Marginal cost Private & Social Cost 5.2 Short run cost curves 5.3 Long run Cost Curves 5.4 Case Studies on Cost Analysis	10
	Total Number of Lectures	54
Suggested Reference Books <ol style="list-style-type: none"> 1. Samuelson P. A. and Nordhaus W. D. Tata Mcgrew Hill Publishing Co. Ltd.N. Delhi Economics 2. Bach, G.L.1977), Economics, Prentice Hall of India, New Delhi. 3. Gauld, J.P. and Edward P. L. (1996), Microeconomic Theory, Richard. Irwin, Homewood. 4. Henderson J. and R.E. Quandt (1980), Microeconomic Theory: A Mathematical Approach, McGraw Hill, New Delhi. 5. Heathfield and Wibe (1987), An Introduction to Cost and Production Functions, Macmillan, London. 6. Koutsoyiannis, A. (1990), Modern Microeconomics, Macmillan. 7. Lipsey, R.G. and K.A. Chrystal (1999), Principles of Economics (9th Edition), Oxford University Press, Oxford. 8. Mansfield, E. (1997), Microeconomics (9th Edition), W.W. Norton and Company, New York. 9. Ray, N.C. (1975), An Introduction to Microeconomics, Macmillan Company of India Ltd. Delhi. 		
Suggested Journals <ol style="list-style-type: none"> 1. Business & Economy. 2. Economic & Political Weekly 		
Web sites : http://www.econlib.org/library/Enc/Microeconomics.html		

MACROECONOMICS: THEORY AND APPLICATIONS- I – SEM III

Unit	Contents of the syllabus	Number of Lectures
1	Basic Concepts Of Macro Economics	8
	1.1 The Macro Economic Approach. 1.2 Nature and scope of Macro Economics 1.3 Macroeconomic Paradox 1.4 Interconnections between Microeconomics and Macroeconomics	
2	National Income	14
	2.1 National Income: Meaning and Significance 2.2 National Income Aggregates and Interrelationships: a) Gross Domestic Product (GDP) and Gross National Product (GNP) b) Net National Concepts c) Nominal and Real Income d) Personal Income and Disposable Income. 2.3 Estimation of National Income and the difficulties. 2.4. A trend analysis of National Income in India 2.5 Circular Flow of Income and its significance	
3.	Money: Demand and Supply	12
	3.1 Money and Near Money 3.2 The Classical and Keynesian Approach to Demand for Money 3.3 Money Supply: Meaning and determinants High Powered Money and Money Multiplier 3.4 RBI's Measures of Money Supply and changing composition of Money Supply	

	3.5 Demonetisation-Case study of Demonetisation in India 2016	
4.	Creation and Control of Money Supply And Credit 4.1 Central Bank as the Apex Monetary Institution 4.2 Credit Control and Monetary Policy: 4.3 Inflation vs. Growth Debate and Inflation Targeting 4.4 Commercial Banks and Multiple Credit Creation	10
5.	The Quantity Theory of Money: Different Perspectives 4.3The Cash-Transactions and 4.4 4.5Cash-Balances Approach 5.2 The Modern Quantity Theory of Money – Milton Friedman’s Approach 5.3. An Analysis of relationship between money supply and price level in India.	10
	Total No. of lectures	54

ROMANTIC LITERATURE – SEM III

Sr. No.	Course Content	Number of Lectures
1	Introduction	4
2	William Blake –Selection from Songs of Innocence and Songs of Experience- The Chimney Sweeper, The Shepherd, The Lamb, The Tiger, The Little Vagabond, A Poison Tree	5
3	William Wordsworth - Ode On Intimations Of Immortality From Recollections Of Early Childhood, The world is too much with us	5
4	Samuel Coleridge - Christable Dejection: an ode	5
5	Percy Bysshe Shelley – To Sky Lark, Hymn to Intellectual Beauty	5
6	John Keats – Ode to Psyche, Ode on Grecian Urn	5
7	Lord Byron – When we two Parted, Don Juan (canto 1)	5
8	Jane Austen – Persuasion	16
	Presentations/Assignment	4
	Total	54

Suggested Reference Book 1) Stanley Applebaum - English Romantic Poetry: An Anthology.

2) Harold Bloom, English Romantic poetry

3) Day Aidian – Romanticism (Routledge 2009)

4) Maurice Bowra _ Romantic Imagination (1969)

5) Kelly Gary - English fiction of the Romantic Period

6) Frank Kermode – Romantic image

7) Bainbridge Simon – Romanticism: A Sourcebook

LITERATURE IN TRANSLATION – SEM III

Unit	Course Contents	Number of Lectures
	Introduction -	4
1	Albert Camus - The stranger	14
2	Perumal Murugan's "One Part Women'	14
3	Short stories: <ul style="list-style-type: none"> • Premchand: Penalty (Jurmana) • Mahashweta Devi: Draupadi • Franz Kafka : A Hunger Artist 	12
4	<ul style="list-style-type: none"> • Poetry: • Mahmoud Darwish - He Is Quiet And So Am I, Identity Card • Neruda Pablo: Cats dream, Love • Wislawa Szymborska – First Love, Hatred 	6
	Presentations/ Assignments	4
	Total Number of Lectures	54

Suggested Reference Book:

- M, Snell- Hornby, The Turns of Translation Studies: New Paradigms or shifting Viewpoints, Philadelphia, John Benjamins, 2006.
- L.G. Kelly, cited in Kasperek, "Translator's Endless Toil.

Remaining references will be given in class as and when text is studied.

HEALTH PSYCHOLOGY (S1) – SEM III

Unit	Contents of the syllabus	Number of Lectures
1	<p>HEALTH PSYCHOLOGY</p> <p>1.1. Introduction and History</p> <p>1.2. The mind-body connection</p> <p>1.3. Need of Health Psychology</p> <p>1.4. Models of illness: Bio-medical, bio-psycho-social</p> <p>1.5. Training in Health Psychology</p>	12
2	<p>PSYCHOLOGY and PHYSICAL HEALTH</p> <p>2.1. Stress Personality and Illness</p> <p style="padding-left: 20px;">2.1.2. Personality, Emotions, and Heart Disease</p> <p style="padding-left: 20px;">2.1.3. Stress and Cancer</p> <p style="padding-left: 20px;">2.1.4. Stress and Other Diseases</p> <p style="padding-left: 20px;">2.1.5. Stress and Immune Functioning</p> <p>2.2. Reactions to Illness</p> <p style="padding-left: 20px;">2.2.1. The Decision to seek Treatment</p> <p style="padding-left: 20px;">2.2.2. The Sick Role.</p> <p>2. 3. Communicating with Health Providers</p> <p>2.4. Adherence to Medical Advice.</p>	15
3	<p>HABITS, LIFE STYLES, AND HEALTH</p> <p>3.1. Substance Abuse and Health- Alcohol and Tobacco</p> <p>3.2. Metabolism and Health- Nutrition and Obesity</p> <p style="padding-left: 20px;">3.2.1. Eating disorders: Bulimia Nervosa, Anorexia Nervosa.</p> <p>3.3. Behaviour and AIDS.</p> <p>3.4. Understanding the effects of Drug Abuse</p> <p style="padding-left: 20px;">3.4.1. Narcotics</p> <p style="padding-left: 20px;">3.4.2. Sedatives</p> <p style="padding-left: 20px;">3.4.3. Stimulants</p> <p style="padding-left: 20px;">3.4.4. Hallucinogens</p> <p style="padding-left: 20px;">3.4.5. Marijuana</p> <p style="padding-left: 20px;">3.4.6. Ecstasy</p>	14
4	<p>HEALTH SERVICES</p> <p>4.1. Using Health Services</p> <p>4.2. Recognition and Interpretation of Symptoms</p> <p style="padding-left: 20px;">4.2.1. Recognition of Symptoms</p> <p style="padding-left: 20px;">4.2.2. Interpretation of Symptoms</p>	15

	<p>4.3. Who Uses Health Services?</p> <p>4.3.1. Age</p> <p>4.3.2. Gender</p> <p>4.3.3. Social Class and Culture</p> <p>4.3.4. Social Psychological Factors</p> <p>4.4. Misusing Health Services</p> <p>4.4.1. Using Health Services for Emotional Disturbances</p> <p>4.4.2. College Students' Disease: The June Bug Disease: A Case of Hysterical Contagion Delay Behavior.</p> <p>4.5. Interventions to Increase Information in Hospital Settings</p> <p>4.5.1. Social Support and Distress from Surgery</p> <p>4.5.2. The Hospitalized Child : Anxiety and Preparing Children for Medical Interventions</p>	
	Total Number of Lectures	54
<p>Suggested Reference Books</p> <ol style="list-style-type: none"> 1. Taylor, S.E. (1999). Health Psychology. 4th ed. Singapore: McGraw-Hill Book Co. 2. Dimatteo, M.R. and Martin, L.R. (2002). <i>Health psychology</i>. N.D.:Pearson. 3. Brannon, L. and Feist, J. (2007). <i>Introduction to health psychology</i>. India ed. N.D.: Thomson. 4. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2nd ed. <i>Health psychology: Theory, research and practice</i>.N.D.: Sage Pub. 5. Gurung , A .R.(2010).Health Psychology.2nd ed. Wadsworth: Cengage Learning. 		
<p>Suggested Journals</p> <ol style="list-style-type: none"> 1. Journal of Indian Academy of Applied Psychology. 2. Psychological Studies. 		
<p>Web sites:</p> <ol style="list-style-type: none"> 1. www.jstor.com 5. www.sciencedirect.com 		

DEVELOPMENT ACROSS LIFE SPAN-I (S2) – SEM III

Unit	Contents of the syllabus	No. of Lectures
1	<p><u>INTRODUCTION TO LIFESPAN DEVELOPMENT</u></p> <p>1.1 Nature of Development and related terms</p> <p>1.2 Theories and themes of Developmental Psychology</p> <p style="padding-left: 20px;">1.2.1. Psychodynamic</p> <p style="padding-left: 20px;">1.2.2. Behavioural</p> <p style="padding-left: 20px;">1.2.3. Cognitive</p> <p style="padding-left: 20px;">1.2.4. Humanistic</p> <p style="padding-left: 20px;">1.2.5. Contextual</p> <p style="padding-left: 20px;">1.2.6. Evolutionary</p> <p>1.3. Research methods and designs for studying development</p> <p style="padding-left: 20px;">1.3. 1.Longitudinal Study</p> <p style="padding-left: 20px;">1.3.2. Cross sectional research</p> <p style="padding-left: 20px;">1.3.3. Sequential design</p> <p>1.4. Development in the Indian context</p>	12
2	<p><u>PERIODS OF DEVELOPMENT</u></p> <p>2.1. Prenatal development and Birth</p> <p>2.2. Heredity and Environment</p> <p>2.3. Earliest development</p> <p style="padding-left: 20px;">2.3.1. Genes and Chromosomes</p> <p style="padding-left: 20px;">2.3.2. Genetic Disorders</p> <p style="padding-left: 20px;">2.3.3. Genetic counselling</p> <p>2.4. Prenatal growth and Change</p> <p style="padding-left: 20px;">2.4.1. Threats to prenatal development</p> <p style="padding-left: 20px;">2.4.2. Nutrition and prenatal Development</p> <p>2.5. Birth:</p> <p style="padding-left: 20px;">2.5.1. From fetus to Neonate</p> <p style="padding-left: 20px;">2.5.2. Threats: birth complications</p> <p>2.5.3. Competent New born</p>	14
3	<p><u>INFANCY</u></p> <p>3.1. Physical Development</p> <p style="padding-left: 20px;">3.1.1. First Steps</p> <p style="padding-left: 20px;">3.1.2. Growth and Motor development</p> <p style="padding-left: 20px;">3.1.3. Development of senses</p> <p>3.2. Cognitive Development: Piaget’s Approach</p>	14

	<p>3.2.1. Roots of Language 3.2.2. Social and Personality 3.2.3. Developing the roots of sociability 3.3. Forming Relationship 3.4. Developmental Disorders: 3.4.1. Mental Retardation, 3.4.2. Autism, 3.4.3. ADHD, 3.4.4. Learning Disabilities 3.5. Nutrition in Infancy</p>	
4	<p><u>PRESCHOOL DEVELOPMENT</u> 4.1. Physical Development and Motor Development 4.1.1. Body shape and structure 4.1.2. Lateralization of Brain 4.1.3. Gross Motor 4.1.4. Fine motor 4.2. Cognitive Development: 4.2.1. Piaget’s Approach 4.2.2. Vygotsky’s Approach 4.2.3. Language Development 4.3. Social and Personality Development 4.3.1. Feeling Mothers Pain 4.3.2. Forming Sense of Self: Psychosocial development, Self Concept, Gender Identity 4.3.3. Friendship and Family: Development of friendship, Parenting Styles 4.4. Moral Development: Developing morality, Aggression 4.5. Nutrition in Preschool</p>	14
	Total Number of Lectures	54
<p>Suggested Reference Books</p> <ol style="list-style-type: none"> 1. Feldman, R. S. 4th ed. (2006). <i>Development across the life span</i>. London: Pearson Edu. 2. Hurlock, E. <i>Developmental psychology</i>. 3. Berk, L. E. (2010). <i>Child Development</i> (8th Ed.). New Delhi: Prentice Hall. 4. Mitchell, P. and Ziegler, F. (2007). <i>Fundamentals of development: The Psychology of Childhood</i>. New York: Psychology Press. 5. Misra, G. (2009). <i>Psychology in India, Vol. 1: Basic Psychological Processes and Human Development</i>. India: Pearson. 6. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). <i>Human development</i> (9th Ed.). New Delhi: McGraw Hill. 7. Santrock, J. W. (2008). <i>Child Development</i> (11th Ed.). New Delhi: McGraw Hill. 8. Santrock, J.W. (2006). <i>Adolescence</i>. New Delhi: McGraw Hill. 		

9. Saraswathi, T.S. (2003). *Cross-cultural perspectives in Human Development: Theory, Research and Applications*. New Delhi: Sage Publications.

10. Srivastava, A.K. (1997). *Child Development: An Indian Perspective*. New Delhi: NCERT.

Suggested Journals

1. Journal of Applied Developmental Psychology
2. Journal of Indian Academy of Applied Psychology
3. Psychological Studies

Web sites:

<http://www.sciencedirect.com>.

www.apa.org

LANGUAGE THROUGH LITERATURE - 2B – SEM IV

Contents	Number of Lectures
Prose	
Rabindranath Tagore – <i>Home Coming</i>	5
Leo Tolstoy – <i>The Three Questions</i>	5
Stephen Leacock – <i>With The Photographer</i>	5
Oliver Goldsmith – <i>National Prejudices</i>	5
Mohandas Karamchand Gandhi – <i>Playing the English Gentleman</i>	5
Poetry	
William Wordsworth – <i>The Solitary Reaper</i>	4
Percy Bysshe Shelley – <i>Ozymandias of Egypt</i>	4
John Masefield – <i>Laugh and Be Merry</i>	4
Robert Frost – <i>Stopping by Woods on a Snowy Evening</i>	4
Coventry Patmore – <i>The Toys</i>	4
Assignment	9
Total	54
Textbook:	
<i>Language Through Context : An Anthology of Prose and Poetry (Orient Blackswan)</i>	

ECONOMICS OF DEVELOPMENT – SEM IV

Unit	Contents of the syllabus	Number of Lectures
1	Development and Economic Growth 1.1 Concepts and Approaches 1.2 Factors affecting economic growth 1.3 Saving, Investment and Capital Accumulation	08
2	Obstacles to Economic Development 2.1 Population, poverty and environment 2.3 Human Resource Development 2.4 Economic development and institutions 2.5 Issues of good governance.	16
3	Theories of Economic Growth 3.1 Harrod and Domar Growth Model 3.2 Neo-classical growth models — Solow and Meade	8
4	Theories of Economic Development 4.1 Adam Smith's Theory 4.2 Malthusian Theory 4.3 Marxian Theory 4.4 Rostow Stages of Economic Growth	12
5.	Trade and Economic Development 5.1 Internal trade and economic development, 5.2 International trade and economic development - Static and dynamic gains from trade 5.3 Free trade Vs Protectionism	10
	Total Number of Lectures	54
Suggested Reference Books <ol style="list-style-type: none"> 1. Economics of Development: G. Meir 2. Michael P. Todaro and Stephen C. Smith: Economic Development (11th Edition) (The Pearson Series in Economics 2011) 3. Debraj Ray': Development Economics (Princeton University Press, 1998) 4. Economics of Development and Planning: O.P. Srivastava 5. Economics of Development: D.H. Perkins, Steven Radelet, D.L. Lindauer 		
Suggested Journals		

1. Economic and Political Weekly
2. Journal of Development Economics
3. Quarterly Journal of Economics
4. Artha Vijnana, Pune The Gokhale Institute of Politics and Economics)
5. The Economics
6. Journal of Development Studies – Taylor and Francis

Websites:

- indiabudget.nic.in

NEOCLASSICAL LITERATURE – SEM IV

Unit	Contents	Number of Lectures
	Introduction	4
	Oliver Goldsmith- She stoops to Conquer	12
	William Congreve: The Way of the World	12
	John Dryden: Mac Flecknoe	8
	John Milton : On his Blindness, Lycidas	6
	Alexander Pope : Ode on Solitude, Summer	6
	Presentation/ Assignments	6
	Total Number of Lectures	54
Web sites: 1. http://www.britannica.com/EBchecked/topic/601884/tragedy/51135/Neoclassical-theory . 2. http://www.victorianweb.org/previctorian/nc/ncintro.html		

SOCIAL PSYCHOLOGY-II (G2) – SEM IV

Unit	Contents of the syllabus	Number of Lectures
1	<p><u>STEROTYPING, PREJUDICE AND DISCRIMINATION</u></p> <p>1.1. Definition and causes of prejudice</p> <p>1.2. The Nature and Origins of Stereotyping</p> <p>1.3. Prejudice and Discrimination: feelings and actions toward Social groups.</p> <p>1.4. Why Prejudice Is <i>Not</i> Inevitable: Techniques for Countering Its Effects.</p>	12
2	<p><u>SOCIAL INFLUENCE</u></p> <p>2.1. Conformity</p> <p style="padding-left: 40px;">2.1.1. The Sheriff study and the Asch study</p> <p style="padding-left: 40px;">2.1.2. Factors affecting conformity: Cohesiveness, group size and Social norms</p> <p>2.2. Specific compliance techniques</p> <p style="padding-left: 40px;">2.2.1 The Foot-in-the-Door technique</p> <p style="padding-left: 40px;">2.2.2. The Door-in-the-Face technique</p> <p style="padding-left: 40px;">2.2.3. The Low-Ball technique</p> <p style="padding-left: 40px;">2.2.4. The That’s-Not-All technique</p> <p style="padding-left: 40px;">2.2.5. The Pique technique</p> <p>2.3. Obedience: Milgram’s research</p> <p>2.4. Motives for helping: Altruism and egoism</p>	14
3	<p><u>AGGRESSION</u></p> <p>3.1. Aggression: Definition and nature.</p>	13

	<p>3.2 Causes of Human Aggression: Social, Cultural, Personal, and Situational.</p> <p>3.3. Some Useful Techniques for Prevention of Violence.</p> <p>3.4. Some Useful Techniques Control of Violence.</p>	
4	<p><u>GROUP BEHAVIOUR</u></p> <p>4.1. Definition of Group Behaviour and Basic features of group and group decision making</p> <p> 4.1.1. Group structure and cohesiveness</p> <p> 4.1.2 Biased use of information in groups, group polarization and group think.</p> <p> 4.1.3. Competition versus cooperation: Classic studies and determinants</p> <p>4.2. Social Influence on Behaviour: Social facilitation, social inhibition, social loafing, social impact, de individuation, sensory overload, and locus of control.</p> <p>4.3. Leadership styles influencing group behaviour.</p> <p>4.4 .Definition and process of communication.</p>	15
	Total Number of Lectures	54
<p>Suggested Reference Books</p> <ol style="list-style-type: none"> 1. Baron, R.A.; Byrne, D. and Branscombe, N.R. (2006). <i>Social psychology</i>. 11th ed. N.D.: Pearson. 2. Taylor, S.E.; Peplau, L.A. and Sears, D.O. (2006). <i>Social psychology</i>. 12th ed. N.D.: Pearson. 3. Baron, R.A.; Byrne, D. (1998). <i>Social psychology</i>. 10th ed. N.D.: Prentice-Hall of India Pvt. Ltd. 4. Aronson, E., Wilson, T.D. and Akert, R.M. (2010). <i>Social Psychology</i> (7th ed.). Boston: Prentice Hall. 5. Myers, D.G. (2005). <i>Social Psychology</i> (8th ed.). New Delhi : Tata McGraw Hill Pub. Co. Ltd. 		

PUBLIC ADMINISTRATION – SEM IV

<u>S. No.</u>	<u>Topics</u>	<u>No. of Lectures</u>
1.	Basic concepts of Public Administration <ul style="list-style-type: none"> - Meaning, nature, scope, philosophy - Approaches to the study of public administration. - Public administration and private administration 	<u>08</u>
2.	Principles of Organization. <ul style="list-style-type: none"> - Hierarchy, Unity of Command, Span of Control, Supervision, Centralisation and De- Centralisation. 	<u>10</u>
3.	Structure of organisation <ul style="list-style-type: none"> - Types of Chief Executives and function of Chief Executive and Line, Staff and Axillary Agencies. 	<u>08</u>
4.	Management Leadership and Planning <ul style="list-style-type: none"> - Meaning, tasks and participative management. - Leadership –Meaning, nature and qualities of a leader. - What is planning and Types of planning 	<u>08</u>
<u>6</u>	Bureaucracy – Meaning, Types and Merits and Demerits. Bureaucracy and Corruption Civil services – The Concept of Civil Service, Meaning and Significance	<u>08</u>
<u>7</u>	The Concept of People’s Participation in Administration	<u>02</u>
<u>8</u>	Public Policy – Significance and Importance and Factors determine Policy making.	<u>06</u>
<u>9</u>	Administration Reforms, Need for Change and Reforms in Practice.	<u>04</u>
	Total	<u>54</u>
Readings		
a. Avasthi A. and S.R.Maheshwari : Public Administration, Laxmi Narain Agarwal, Agra, 1976. b. Public Administration; Sterling Publishers Private Limited, Ramki Basu.		

GEOGRAPHY OF HUMAN RESOURCE- 2 – SEM IV

Unit	Contents Of The Syllabus	Number Of Lectures
1	Tribes World Wide & In India a. Major Tribes in The World b. Regional distribution of tribes in India c. Study of the following Tribes i) Thakar ii) Gonds iii) Katkari d. Caste system	10
2	Human Culture a. Worlds principal languages Families & their distribution b. Language & national integration c. Worlds Major Religions d. Religion & national integration	12
3	Demographies of population & its Impact on Economy a. Population as a resource. b. Population growth and its adverse effects on natural resources c. Malthus Theory of population growth	13
4	Migration a. Definition of Migration b. Types of Migration c. Causes and effects of migration d. Migrations in modern period e. Impact of Migration	13
5	Seminar, Case Studies, Documentaries	6
	Total	54

AADHUNIK KAVYA & GRAMMAR – SEM IV

द्वितीय वर्ष बी.ए.

सत्र – JV

आधुनिक काव्य

१. जयशंकर प्रसाद
 १. झरना
 २. अशोक की चिंता
२. नागार्जुन
 १. उनको प्रणाम
 २. बादल को धिरते देखा है ।
३. घूमिल
 १. मोची राम
 २. अकाल दर्शन
४. सर्वेश्वर दयाल सक्सेना
 १. नये साल पर
 २. मैंने कब कहा
५. रघुवीर सहाय
 १. शोक सभा
 २. शहर से बाहर

व्याकरण :

१. विज्ञापन लेखन
२. साक्षात्कार लेना एवं देना
३. भाव पल्लवन

MICROECONOMICS: THEORY AND APPLICATIONS- II – SEM IV

Unit	Contents of the syllabus	Number of Lectures
1	<p>Revenue Concept</p> <p>1.1 Total Revenue, Average Revenue, Marginal Revenue</p> <p>1.2 Relationship between AR and MR</p> <p>1.3 Break Even Analysis (Linear and Non- Linear)</p> <p>1.4 Application of Break Even Analysis in Economic Decision Making</p>	08
2	<p>Market and its Forms</p> <p>2.1 Meaning & Classification</p> <p>2.2 Perfect Competition - Characteristics</p> <p>Price determination in the short run and long run</p> <p>Equilibrium of the firm and industry</p> <p>2.3 Monopoly - Characteristics</p> <p>Short and Long run Equilibrium</p> <p>2.4 Price discrimination.</p> <p>2.5 Monopolistic Competition: Characteristics</p> <p>Short & Long run group Equilibrium</p> <p>Selling cost.</p> <p>2.6 Oligopoly - Concept, Characteristics</p> <p>2.7 Duopoly - Concept & Characteristic</p> <p>2.8 Case Studies on Imperfect Competition Markets</p>	14
3	<p>Factor Pricing.</p> <p>3.1 Marginal Productivity theory of Distribution</p> <p>3.2 Theories of Rent (Ricardian, Modern & Quasi Rent</p> <p>3.3 Meaning of Wages: Money and Real Wages</p> <p>3.4 Modern theory of wage</p> <p>3.5 Minimum Wages and Collective Bargaining</p> <p>3.6 Case Studies on the concept of Rent & Wages</p>	14
4	<p>Interest & Profits</p> <p>4.1 Nominal and Real Rate of Interest</p> <p>4.2 Theories of Interest (Loanable funds theory & Liquidity Preference Theory)</p> <p>4.3 Concept of Profit as a Residual Income</p> <p>4.4 Theories of Profit (Dynamic Theory of profits, Innovation Theory of Profits & Risk and Uncertainty Bearing Theory of Profits).</p>	10

	4.5 Case Studies on the concept of Interest & Profits	
5	Welfare Economics 5.1 Definition 5.2 Pigouvian Welfare Economics 5.3 Pareto Optimality Theorem	08
	Total Number of Lectures	54

Suggested Reference Books

1. Gravelle H. and Rees R. (2004), Microeconomics, 3rd edition, Pearson Education Ltd., New Delhi.
2. Stigler G. (1996), Theory of Price, 4th Edition, Prentice Hall of India, New Delhi.
3. Sen. A. (1999), Microeconomics : Theory and Application, Oxford University Press, New Delhi.
4. Kreps David M. (1990), A Course in Microeconomic Theory, Princeton University Press, Princeton.
5. Varian H. (2000), Microeconomic Analysis, W.W. Norton, New York.
6. McConnell & Brue – Economics Principles, Problems and Policies, Mc Graw Hill Publication
7. Paul Krugman & Robin Wells- Princeton University, Worth Publishers
8. Samuelson, P.A. and W.D. Nordhaus (1998), Economics, Tata McGraw Hill, New Delhi.
9. Stonier, A.W. and D.C. Hague (1972), A Textbook of Economic Theory, ELBS & Longman Group, London
10. V. G. Mankar, Macmillan India Ltd. N. Delhi. Business Economics
11. H.L. Ahuja S. Chand and Co Ltd. Delhi Modern Micro Economics – Theory and Applications.
12. Dr. Girija Shankar – Atharv Publication, Pune Business Economics
13. Robert L. Helibrone and Lester C. Thurow. Prentice Hall, International Inc. London
Understanding Microeconomics.
14. J M Joshi and R. Joshi Wishwa Prakashan (Division of Wiley Eastern Limited) N. Delhi.
Micro Economic Theory An Analytical Approach

Suggested Journals

- 2) Business & Economy (Fortnightly)
- 3) Economic & Political Weekly

Web sites : <http://www.econlib.org/library/Enc/Microeconomics.html>

MACROECONOMICS: THEORY AND APPLICATIONS II - SEM IV

Unit	Contents of the syllabus	Number of Lectures
1	Macro Theories Of Output, Employment And Income Determination	14
	1.1 The Classical Theory and its Critique	
	1.2 Keynes Theory of Output, Employment and Income determination-Its relevance in recent times.	
	1.3 Consumption and Investment Function: Its application and significance	
	1.4 Multiplier and Accelerator: Concept and Interaction	
2	Post Keynesian Developments	10
	2.1 Monetarism: Monetary vs Fiscal Policy Debate	
	2.2 Stagflation and Supply Side Economics	
	2.3 Laffer Curve Analysis	
3.	Trade Cycles	
	3.1 Meaning, Features and Phases of Trade Cycles	
	3.2 Causes and Case Studies	
	3.3 Stabilization of Trade Cycles : Monetary and Fiscal Policies	
4.	Inflation and Deflation	12
	4.1 Inflation and Deflation – Meaning, Causes and Effects	
	4.2 Demand-Pull and Cost-Push Inflation Inflationary Gap	
	4.3 Inflationary and Deflationary Gap	
	4.4 Short run and Long run Phillips Curve: The Trade-Off Between Inflation and Unemployment	

5	Public Finance	10
	5.1 Meaning, Nature and Scope of Public Finance	
	5.2 Tax Structure in India	
	5.3 Types of Budget Deficits and Significance of Fiscal Deficit	
	5.4 Role of Fiscal Policy in India	
	Total No. of lectures	54

Suggested Readings/References:

- Abel A.B. & Bernanke B.S., Macroeconomics, Pearson Education
- Ackley, G (1976) Macro Economics Theory and Policy, Macmillan Publishing Company, New York
- Ahuja H. L. (2002) Macroeconomics Theory and Policy, Chand and Co. Ltd New Delhi.
- D'Souza Errol (2008) Macroeconomics: Pearson Publication, New Delhi.
- Gupta S.B. (1994) Monetary Economics, S. Chand and Co. Delhi
- Jhingan M.L. (2002) Macro Economic Theory, Vrinda Publication, Delhi
- Mankiw Gregory N, (2009) Macroeconomics, Worth Publishers, 6th Ed.
- Samuelson P. A. & Nordhaus W. D., Economics, Tata McGraw Hill
- Shapiro E (1996) Macro Economic Analysis; Galgotia Publication, New Delhi
- Vaish M. C. (2002) Macro Economic Theory, Vikas Publishing House, N. Delhi
- Government of India, Economic Survey: Various Issues
-

Suggested Journals

- Economic Surveys: Various Issues
- Journals, World Development Reports, GOI Publications

POPULAR FICTION –SEM IV

Unit	Contents	Number of Lectures
	Introduction	4
1	J.D Salinger - The Catcher in the Rye	16
2	Khaled Hosseini – The Kite Runner	16
3	Stephen King -Rita Hayworth and Shawshank Redemption –	14
	Assignments and Presentations	6
	Total Number of Lectures	54

Suggested Reference Book:

1. Ashley, Bob (ed.) - Reading Popular Narrative: A Source Book. (Leicester University Press). 1997
2. Barthes, Roland. - Mythologies.
3. Berger. Arthur Asa. - Narratives in Popular Culture. Media and Everyday Life. (Sage) 1997.
4. Berger, Arthur Asa – Popular Culture Genres: Theories and Texts (sage) 1997.
5. During, Simon (ed.) - The Cultural Studies Reader. (Routledge). 1993
6. Dwyer, Rachel and Christopher Pinney (ed.) - Pleasure and the Nation: The History. Politics and Consumption of Popular Culture in India. (OUP). 2001
7. Easthope, Anthony - Literary into Cultural Studies. (Routledge)
8. Fiske, John - Reading the Popular (Unwin Hyman). 1989
9. Fiske, John - Understanding Popular Culture (Routledge) 1989.

10. Franklin, Sarah, Celia Lucy and Jackie Stacey (ed.) - Off Centre: Feminism and Cultural Studies (Harper Collins) 1991
11. Hebdige, Dick - Subculture: The Meaning of Style (Methuen) 1979.
12. Leavis, F.R. - Mass Civilization and Minority Culture.
13. McCabe, Colin - High Theory/Low Culture (Manchester University Press)
14. Storey, John - An Introduction to Cultural Theory and Popular Culture. (Harvester Wheatsheaf) 1998
15. Strinati, D. - An Introduction to Theories of popular Culture. (Routledge) 1995
16. Williams, Raymond - Culture and Society. (Chatto and Windus)

LITERARY CRITICISM –I – SEM IV

Unit	Contents	Number of Lectures
	Introduction	4
	Oliver Goldsmith- She stoops to Conquer	12
	William Congreve: The Way of the World	12
	John Dryden: Mac Flecknoe	8
	John Milton : On his Blindness, Lycidas	6
	Alexander Pope : Ode on Solitude, Summer	6
	Presentation/ Assignments	6
	Total Number of Lectures	54

Suggested Reference Books:

1. Honour, Hume, Neo-Classicism, Style and civilisation 1968 (reprinted 1977), Penguin.
2. Eriksen, Svend. Early Neoclassicism in France (1974)
3. Congreve, William (2000). The Way of the World. London, England: A&C Black Limited.
4. Kidson, Frank. "The Beggar's Opera" The musical Times 1 January 1921:18-19

Web sites:

3. <http://www.britannica.com/EBchecked/topic/601884/tragedy/51135/Neoclassical-theory>.
4. <http://www.victorianweb.org/previctorian/nc/ncintro.html>

COPING MECHANISM (SPL.3) – SEM IV

Unit	Contents of the syllabus	Number of Lectures
1	<p>HEALTH BEHAVIOURS and CHANGING HEALTH HABITS-I</p> <p>1.1. Health Behaviors and Changing Health Habits: Introduction</p> <p style="padding-left: 40px;">1.1.1. Health Promotion: An Overview</p> <p style="padding-left: 40px;">1.1.2. An Introduction to Health Behaviors</p> <p style="padding-left: 40px;">1.1.3. Role of Behavioral Factors in Disease and Disorder</p> <p>1.2. What Are Health Behaviors?</p> <p style="padding-left: 40px;">1.2.1. Practicing and Changing Health Behaviors: An Overview</p> <p>1.3. Barriers to Modifying Poor Health Behaviors</p> <p>1.4. Interventions for changing health behaviour</p> <p style="padding-left: 40px;">1.4.1. Intervening with Children and Adolescents</p> <p style="padding-left: 40px;">1.4.2. Intervening with At-Risk People</p> <p style="padding-left: 40px;">1.4. 3.Health Promotion and Older Adults</p>	13
2	<p>HEALTH BEHAVIOURS and CHANGING HEALTH HABITS-II</p> <p>2.1. Health Behaviors and Changing Health Habits: Theories and Techniques</p> <p style="padding-left: 40px;">2.1.1 Ethnic and Gender Differences in Health Risks and Habits</p> <p style="padding-left: 40px;">2.1.2. Changing Health Habits</p> <p style="padding-left: 40px;">2.1.3. Attitude Change and Health Behavior</p> <p>2.2. Theories and Model of Health</p> <p style="padding-left: 40px;">2.2.1. The Health Belief Model</p> <p style="padding-left: 40px;">2.2.2. The Theory of Planned Behavior</p>	14

	<p>2.2.3. Self-Determination Theory</p> <p>2.2.4. The Trans theoretical Model of Behavior Change</p> <p> 2.2.4.1. Stages of Change</p> <p> 2.2.4.2. Using the Stage Model of Change</p> <p>2.3. Attitudes and Changing Health Behaviors: Some Caveats</p> <p>2.4. Changing Health Behaviors through Social Engineering</p>	
3	<p>HEALTH MODIFICATION: Venues and Intervention Techniques</p> <p>3.1. Venues for Health-Habit Modification</p> <p> 3.1. The Private Therapist’s Office</p> <p> 3.2. The Health Practitioner’s Office</p> <p> 3. 3. Managed Care Facilities</p> <p>3.2. Habit Modification: Society Support</p> <p> 3. 2.1. The Family</p> <p> 3. 2.2. Self-Help Groups</p> <p> 3. 2.3. Schools</p> <p>3.3. Modern Interventions Techniques-I</p> <p> 3.3. 1. Workplace Interventions</p> <p> 3.3.2. Community-Based Interventions</p> <p>3.4. Modern Interventions Techniques-I</p> <p> 3.4.1. The Mass Media</p> <p> 3.4. 2.Telephone</p> <p>3.4.3.The Internet</p>	14
4	<p>SOCIAL SUPPORT and COPING INTERVENTIONS</p> <p>4.1. Social Support and Coping Interventions</p> <p> 4.1.1. What Is Social Support?</p>	13

	<p>4.1.2. Is Social Companionship an Important Part of Your Life?</p> <p>4.1.3. Effects of Social Support on Psychological Distress</p> <p>4.1.4. Effects of Social Support on Illness and Health Habits</p> <p>4.2. Biopsychosocial Pathways</p> <p>4.3. Moderation of Stress by Social Support:</p> <p>4.3.1. What Kinds of Support Are Most Effective?</p> <p>4.3.2. Effects of Stress on Support Providers</p> <p>4.3.4. Enhancing Social Support</p> <p>4.4. Coping Interventions</p> <p>4.4.1. Mindfulness Training</p> <p>4.4.2. Expressive Writing</p> <p>4.4.3. Coping Effectiveness Training</p> <p>4.4.4. Stress Management: Basic Techniques of Stress Management</p> <p>4.4.5. A Stress Management Program</p> <p>4.4.6. Relaxation Training and Stress Management</p> <p>4.4.7. Supplementary Stress Management Skills</p>	
	Total Number of Lectures	54
<p>Suggested Reference Books</p>		
<ol style="list-style-type: none"> 1. Taylor, S.E. (1999). Health Psychology. 4th ed. Singapore: McGraw-Hill Book Co. 2. Dimatteo, M.R. and Martin, L.R. (2002). <i>Health psychology</i>. N.D.: Pearson. 3. Brannon, L. and Feist, J. (2007). <i>Introduction to health psychology</i>. India ed. N.D.: Thomson. 4. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2nd ed. <i>Health psychology: Theory, research and practice</i>.N.D.: Sage Pub. 5. Gurung , A .R.(2010).Health Psychology.2nd ed. Wadsworth: Cengage Learning. 		
<p>Suggested Journals</p> <ol style="list-style-type: none"> 1. Journal of Indian Academy of Applied Psychology. 2. Psychological Studies. 		
<p>Web sites:</p> <ol style="list-style-type: none"> 1. http://www.sciencedirect.com. 2. www.jstor.com 		

DEVELOPMENT ACROSS LIFE SPAN-II (S4) – SEM IV

Unit	Contents of the syllabus	Number of Lectures
1	<p><u>MIDDLE CHILDHOOD</u></p> <p>1.1. Physical Development and Motor Development</p> <p style="padding-left: 20px;">1.1.1 Weight and height</p> <p style="padding-left: 20px;">1.1.2. Childhood Obesity</p> <p style="padding-left: 20px;">1.1.3. Gross Motor</p> <p style="padding-left: 20px;">1.1.4. Fine Motor</p> <p style="padding-left: 20px;">1.1.5. Psychological Disorder: Bipolar disorder</p> <p>1.2. Cognitive Development</p> <p style="padding-left: 20px;">1.2.1. Intellectual and Language development:</p> <p style="padding-left: 20px;">1.2.2. Piagetian Approach,</p> <p style="padding-left: 20px;">1.2.3. Information Processing</p> <p style="padding-left: 20px;">1.2.4. Vygotsky’s Approach</p> <p style="padding-left: 20px;">1.2.5. Three R’s</p> <p style="padding-left: 20px;">1.2.6. Intelligence: Mental retardation and giftedness</p> <p>1.3. Children with special Needs</p> <p style="padding-left: 20px;">1.3.1. Sensory Difficulties</p> <p style="padding-left: 20px;">1.3.2. Learning Disability</p> <p style="padding-left: 20px;">1.3.3. Attention Deficit Hyperactive Disorder</p> <p>1.4. Social and Personality development</p> <p style="padding-left: 20px;">1.4.1. Psychosocial Development: Erick Erickson- Industry-verses- Inferiority Stage</p> <p style="padding-left: 20px;">1.4.2. Self Esteem</p> <p style="padding-left: 20px;">1.4.3. Moral Development: Pre conventional, Conventional and Post conventional.</p> <p style="padding-left: 20px;">1.4.5. Changing Views of Friendship</p> <p style="padding-left: 20px;">1.4.6. Family status and development</p> <p>1.5. Nutrition and middle school</p>	14
2	<p><u>ADOLESCENCE</u></p> <p>2.1. Physical Development</p> <p style="padding-left: 20px;">2.1.1. Maturation and Onset of Puberty and timing</p> <p style="padding-left: 20px;">2.1.2. Eating Disorders: Obesity, Anorexia Nervosa and Bulimia</p> <p>2.2. Cognitive growth</p> <p style="padding-left: 20px;">2.2.1. Brain development and thought</p>	14

	<ul style="list-style-type: none"> 2.2.2. Piagetian Approach 2.2.3. Information Processing Perspective 2.2.4. Egocentrism Thinking 2.3. Social and Personality Development: Nature and Difficulties <ul style="list-style-type: none"> 2.3.1. Identity Formation 2.3.2. Self-Concept 2.3.3. Self-Esteem 2.3.4. Identity Crisis 2.3.4. Depression and Suicide 2.3.5. Drug Abuse and Juvenile delinquency 2.3.6. Teen Pregnancy and Sexually Transmitted Diseases 2.4. Family and Friends: Changing Relations <ul style="list-style-type: none"> 2.4.1. Generation Gap Myth 2.4.2. Conflict with Parents 2.4.3. Peer Relationship 2.5. Nutrition in Adolescence 	
3	<p><u>ADULTHOOD</u></p> <ul style="list-style-type: none"> 3.1. Physical Development <ul style="list-style-type: none"> 3.1.1. Role of senses 3.1.2. Motor functioning, health and fitness 3.1.3. Obesity 3.2. Cognitive Development <ul style="list-style-type: none"> 3.2.1. Intellectual growth 3.2.2. Alternative view of Intelligence 3.3. Psychological Issues and Difficulties <ul style="list-style-type: none"> 3.3.1. Stress and coping 3.3.2. Psychosomatic Diseases 3.3.3. Midlife crisis 3.3.4. Empty nest syndrome 3.4. Social Development <ul style="list-style-type: none"> 3.4.1. Seeking Intimacy by Erickson, Generativity verses Stagnation 3.4.2. Friendship and love, 3.4.3. Career choice, work and leisure 3.4.4. Marriage and Parenthood, becoming grand parent 3.5. Nutrition in Adulthood 	13
4	<p><u>MIDDLE and LATE ADULTHOOD</u></p> <ul style="list-style-type: none"> 4.1. Physical Development <ul style="list-style-type: none"> 4.1.1. Slowing reaction time 4.1.2. Senses 4.2. Physical and Psychological Disorders <ul style="list-style-type: none"> 4.2.1. Aging and Illness 	13

	<p>4.2.2. Cancer and stroke 4.2.3. Depression 4.2.4. Alzheimer’s Disease 4.2.5. Stress and adulthood</p> <p>4.3. Social and Personality Development 4.3.1. Continuity and change in personality during adulthood 4.3.2. Successful aging 4.3.3. Work and retirement 4.3.4. Relationships: 4.3.4.1. Marriage 4.3.4.2. Dealing with retirement 4.3.4.3. Social networks</p> <p>4.4. Theories to aging 4.4.1. Erickson’s stage 4.4.2. Genetic programing 4.4.3. Wear-and tear theories of aging 4.4.4. Life expectancy</p> <p>4.5. Confronting Death: Understanding the process of dying</p>	
	Total Number of Lectures	54
Suggested Reference Books		
<ol style="list-style-type: none"> 1. Feldman, R. S. 4th ed. (2006). <i>Development across the life span</i>. London: Pearson Edu. 2. Hurlock, E. <i>Developmental psychology</i>. 3. Berk, L. E. (2010). <i>Child Development</i> (8th Ed.). New Delhi: Prentice Hall. 4. Mitchell, P. and Ziegler, F. (2007). <i>Fundamentals of development: The Psychology of Childhood</i>. New York: Psychology Press. 5. Misra, G. (2009). <i>Psychology in India, Vol. 1: Basic Psychological Processes and Human Development</i>. India: Pearson. 6. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). <i>Human development</i> (9th Ed.). New Delhi: McGraw Hill. 7. Santrock, J. W. (2008). <i>Child Development</i> (11th Ed.). New Delhi: McGraw Hill. 8. Santrock, J.W. (2006). <i>Adolescence</i>. New Delhi: McGraw Hill. 9. Saraswathi, T.S. (2003). <i>Cross-cultural perspectives in Human Development: Theory, Research and Applications</i>. New Delhi: Sage Publications. 10. Srivastava, A.K. (1997). <i>Child Development: An Indian Perspective</i>. New Delhi: NCERT. 		
Suggested Journals		
<ol style="list-style-type: none"> 1. Journal of Applied Developmental Psychology 2. Journal of Indian Academy of Applied Psychology 3. Psychological Studies 		
Web sites:		
<ol style="list-style-type: none"> 1. http://www.sciencedirect.com. 2. www.apa.org 		