



Symbiosis College of Arts and Commerce

(An Autonomous College Affiliated to University of Pune)

Subject code		Semester	I	II	III	IV	V	VI	M.A.	I	II	III	IV
Title of Subject		PRACTICUM/ FIELDWORK (Credits 4)											

Detailed syllabus

Contents of the syllabus

PRACTICUM/ FIELDWORK COUNSELLING PSYCHOLOGY (Credits 4)

Students should select at least 7 types of cases, e.g. career selection, interpersonal problems, personal problems, marital problems, etc and two exercises of groups counseling, e.g. conducting sessions on study habits, self-awareness, career guidance, etc. in consultation with the teacher and prepare detailed report of 5 cases and the 2 exercises. Cases should be from three age groups, namely childhood (3 cases), youth (2 cases), and old age (2 cases). Students should present at least 2 cases. Report of exercises should be neatly typed in the standard format and a bound copy should be submitted. The report should cover the following points.

1. Case history, genogram of client
2. Primary identification of the problem
3. Psychological / behavioral assessment based on primary identification of problem.
4. Diagnosis of the problem
5. Prognosis
6. Session plan
7. Therapeutic intervention used & its justification.
8. Verbatim report of all sessions.
9. Summary and outcome.

Notes: **General**

1. Each batch of Practicum should consist of maximum 8 students.
2. A separate batch will be formed if this number exceeds even by one.
3. Workload for each batch will be equivalent to 8 lecture periods.
4. Each student should select clients from hospitals/clinics / Rehabilitation centers/ schools / colleges/ Old age homes/ families/ correctional institutions/ NGO set up etc.
5. Each student should conduct group counseling exercises in organizations / institutes.
6. One teacher supervisor should accompany a group of students.
7. Eligibility for the practicum examination is subject to certification of practicum by teacher- in – charge and HoD.

