



**SYMBIOSIS COLLEGE OF ARTS &  
COMMERCE**

(An Autonomous College Affiliated to University of  
Pune)

**SYLLABUS**

**M.A. (Psychology) – Part I 2018-**

**19**

<b>SUBJECT</b>	<b>SEMESTER - 1</b>	<b>SEMESTER - 2</b>
<b>COMPULSORY SUBJECTS</b>	APPLIED COGNITIVE PSYCHOLOGY	STATISTICAL METHODS
	RESEARCH METHODOLOGY	<b>PERSONALITY</b>
	APPLIED SOCIAL PSYCHOLOGY	PSYCHOLOGICAL TESTING THEORY
	PSYCHOLOGY PRACTICAL: EXPERIMENTS	PSYCHOLOGY PRACTICAL: TESTS

## PERSONALITY

Unit	Contents of the syllabus	Number of Lectures
1	Introduction to Personality <ol style="list-style-type: none"> <li>1. Definition and nature of Personality</li> <li>2. Characteristics of a good personality theory and evaluation of personality theory</li> <li>3. Goals of Personality research</li> <li>4. General strategies of personality research</li> </ol>	10
2	Psychoanalytic and Neo-Psychoanalytic Theories of personality <ol style="list-style-type: none"> <li>1. Freud's Psychoanalytic Theory of Personality</li> <li>2. Carl Jung</li> <li>3. Adler, Horney</li> <li>4. Erik Erikson</li> </ol>	10
3	Learning, Social-Cognitive, Humanistic -Existential And Indian Approaches to Personality <ol style="list-style-type: none"> <li>1. Behaviorism and the Learning Approaches to Personality</li> <li>2. Social-Cognitive Theory: Bandura and Mischel</li> <li>3. Humanistic Theory: Abraham Maslow, Carl Rogers</li> <li>4. Existential positions: Victor Frankl, Rollo May</li> <li>5. Indian perspective</li> </ol>	10
4	Trait Approach, Biological Foundations and Research <ol style="list-style-type: none"> <li>1. Trait Theories of Personality: Allport, Eysenck, and Cattell</li> <li>2. The Five-Factor Model; Applications and Evaluation of Trait Approaches to Personality</li> <li>3. Personality in Context: Interpersonal Relations, Culture, and Development Across The Course of Life</li> <li>4. Assessing Personality Theory and Research</li> </ol>	10
Total Number of Lectures		40

**Suggested Reference Books**

1. Cervone, D. and Pervin, L. (2016). Personality Theory and Research. 13th ed. Jefferson City: John Wiley and Sons
2. Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). Theories of Personality. 4 th Edn. Wiley: India.
3. Hall, C.S., Lindzey, G. & Campbell, J. B. (1998). Theories of Personality. New York: John

Wiley & Sons.

4. Ryckman, R.M. (1978). Theories of Personality. D.Van Nostrand Company: New York.
5. Frager, R. & Fadiman, J. (2007). Personality and personal growth. 6th Edn. Pearson Prentice Hall, India.
6. Mayer, F.S & Sutton, K. (1996). Personality: An integrative approach. N.J.: Prentice-Hall. 6. Larsen & Buss Personality Development
7. Buck, R. (1976) Human Motivation and Emotion, New York: Wiley. 8. Endler, N.S., & Magnusson, D. (1976) Interactional Psychology and Personality. Hemisphere Pub. Corporation.
8. Kalat, J. W. (2000). Biological psychology. Wadsworth, Inc.
9. Schultz, D.P & Schultz, E.S. (2005). Theories of personality. Delhi: Thomson Wadsworth.
10. Kaplan, H.B. (1996), Psychological stress from the perspective of selftheory. In H.B. Kaplan (Ed) Psychological stress. N.Y. Academic Press:
11. Kuppaswami, B. (1985) Elements of ancient Psychology. Delhi: Vani Educational Books.
13. Lazarus, R.S. and Monat, A. (1979). Personality. Prentice Hall, Inc.
12. McCrae, R.R. & Allik, J. (eds) (2002). Five-factor model across cultures. Dordrecht: Netherlands: Kluwer. 15. London, H. & Exner, J.E. (1978) Dimensions of Personality. New York: Wiley
13. Oatley, K. & Jenkins, J. M. (1992). Understanding emotions. Cambridge: Blackwell publishers.
14. Franken, R. E. (2007). Human motivation. USA: Thomson Higher Education. 18. Mischel, W.; Shoda, Y.; & Smith, R. E. (2004). Introduction to personality. John Wiley & Sons
15. Feshbach, S. & Weiner, B. (1991) (3rd ed). Personality. Toronto: Health & Co. 20. Pervin, L.A. (1996). The science of personality. NY: John Wiley & Co. 21. Kundu, C.L. (1989). Personality development. ND: Sterling Pub. 22. Tart, C.T. (ed) (1975). Transpersonal psychology. NY: Holt, Rinehart & Winston.
16. Cornelissen, R. M, Misra, G., & Verma, S. (2010), Foundations of Indian Psychology Volume 1: Theories and Concepts, India: Dorling Kindersley (India) Pvt Lt
17. Srivastava, K. (2012). Concept of personality: Indian perspective.

### **Suggested Journals**

Industrial Psychiatry Journal, 21(2), 89–93.

**Web sites :**

[www.apa.org](http://www.apa.org)

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