

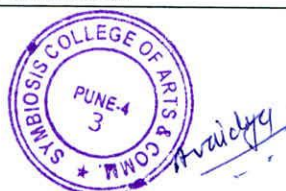


॥ वसुधैव कुटुम्बकम् ॥  
SYMBIOSIS

# Symbiosis College of Arts and Commerce

(An Autonomous College Affiliated to University of Pune)

Subject code	Semester	I	II	III	IV	V	VI	M.Com.	I	II	III	IV
Title of Subject		<b>S.Y.B.A – SEM III DEVELOPMENT ACROSS LIFE SPAN-I</b>										
<b>Objectives</b>	<p>To acquaint the students with the theoretical basis of developmental process.</p> <p>To acquaint the students with basic concepts of human developmental processes.</p> <p>To acquaint the students with the methodology and scope of research in developmental psychology</p> <p>To help the students understand influences of various factors on prenatal, birth, infancy and preschool development.</p> <p>To acquaint the students with the various hazards and disorders occurring in prenatal, birth, infancy and preschool-human development stages.</p> <p>To enable student to understand the importance of nutrition at prenatal, birth, infancy and preschool-human development stages.</p>											
Unit	Contents of the syllabus											No. of Lectures
1	<p><b><u>INTRODUCTION TO LIFESPAN DEVELOPMENT</u></b></p> <p>1.1 Nature of Development and related terms</p> <p>1.2 Theories and themes of Developmental Psychology</p> <p style="padding-left: 20px;">1.2.1. Psychodynamic</p> <p style="padding-left: 20px;">1.2.2. Behavioural</p> <p style="padding-left: 20px;">1.2.3. Cognitive</p> <p style="padding-left: 20px;">1.2.4. Humanistic</p> <p style="padding-left: 20px;">1.2.5. Contextual</p> <p style="padding-left: 20px;">1.2.6. Evolutionary</p> <p>1.3. Research methods and designs for studying development</p> <p style="padding-left: 20px;">1.3. 1.Longitudinal Study</p> <p style="padding-left: 20px;">1.3.2. Cross sectional research</p> <p style="padding-left: 20px;">1.3.3. Sequential design</p> <p>1.4. Development in the Indian context</p>											12
2	<p><b><u>PERIODS OF DEVELOPMENT</u></b></p> <p>2.1. Prenatal development and Birth</p> <p>2.2. Heredity and Environment</p> <p>2.3. Earliest development</p> <p style="padding-left: 20px;">2.3.1. Genes and Chromosomes</p> <p style="padding-left: 20px;">2.3.2. Genetic Disorders</p> <p style="padding-left: 20px;">2.3.3. Genetic counselling</p> <p>2.4. Prenatal growth and Change</p> <p style="padding-left: 20px;">2.4.1. Threats to prenatal development</p> <p style="padding-left: 20px;">2.4.2. Nutrition and prenatal Development</p> <p>2.5. Birth:</p> <p style="padding-left: 20px;">2.5.1. From fetus to Neonate</p> <p style="padding-left: 20px;">2.5.2. Threats: birth complications</p> <p>2.5.3. Competent New born</p>											14
3	<p><b><u>INFANCY</u></b></p> <p>3.1. Physical Development</p> <p style="padding-left: 20px;">3.1.1. First Steps</p> <p style="padding-left: 20px;">3.1.2. Growth and Motor development</p> <p style="padding-left: 20px;">3.1.3. Development of senses</p>											14



	<p>3.2. Cognitive Development: Piaget's Approach</p> <p>3.2.1. Roots of Language</p> <p>3.2.2. Social and Personality</p> <p>3.2.3. Developing the roots of sociability</p> <p>3.3. Forming Relationship</p> <p>3.4. Developmental Disorders:</p> <p>3.4.1. Mental Retardation,</p> <p>3.4.2. Autism,</p> <p>3.4.3. ADHD,</p> <p>3.4.4. Learning Disabilities</p> <p>3.5. Nutrition in Infancy</p>	
4	<p><b><u>PRESCHOOL DEVELOPMENT</u></b></p> <p>4.1. Physical Development and Motor Development</p> <p>4.1.1. Body shape and structure</p> <p>4.1.2. Lateralization of Brain</p> <p>4.1.3. Gross Motor</p> <p>4.1.4. Fine motor</p> <p>4.2. Cognitive Development:</p> <p>4.2.1. Piaget's Approach</p> <p>4.2.2. Vygotsky's Approach</p> <p>4.2.3. Language Development</p> <p>4.3. Social and Personality Development</p> <p>4.3.1. Feeling Mothers Pain</p> <p>4.3.2. Forming Sense of Self: Psychosocial development, Self Concept, Gender Identity</p> <p>4.3.3. Friendship and Family: Development of friendship, Parenting Styles</p> <p>4.4. Moral Development: Developing morality, Aggression</p> <p>4.5. Nutrition in Preschool</p>	14
	Total Number of Lectures	54

**Suggested Reference Books**

1. Feldman, R. S. 4th ed. (2006). *Development across the life span*. London: Pearson Edu.
2. Hurlock, E. *Developmental psychology*.
3. Berk, L. E. (2010). *Child Development* (8th Ed.). New Delhi: Prentice Hall.
4. Mitchell, P. and Ziegler, F. (2007). *Fundamentals of development: The Psychology of Childhood*. New York: Psychology Press.
5. Misra, G. (2009). *Psychology in India, Vol. 1: Basic Psychological Processes and Human Development*. India: Pearson.
6. Papalia, D. E., Olds, S.W. & Feldman, R.D. (2006). *Human development* (9th Ed.). New Delhi: McGraw Hill.
7. Santrock, J. W. (2008). *Child Development* (11th Ed.). New Delhi: McGraw Hill.
8. Santrock, J.W. (2006). *Adolescence*. New Delhi: McGraw Hill.
9. Saraswathi, T.S. (2003). *Cross-cultural perspectives in Human Development: Theory, Research and Applications*. New Delhi: Sage Publications.
10. Srivastava, A.K. (1997). *Child Development: An Indian Perspective*. New Delhi: NCERT.

**Suggested Journals**

1. Journal of Applied Developmental Psychology
2. Journal of Indian Academy of Applied Psychology
3. Psychological Studies

**Web sites :** <http://www.sciencedirect.com>.

1. [www.apa.org](http://www.apa.org)

