



SYMBIOSIS

Symbiosis College of Arts and Commerce

(An Autonomous College Affiliated to University of Pune)

Subject code		Semester	I	II	III	IV	V	VI	M.A.	I	II	III	IV
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Title of Subject (For M.A. Part-I as per the approval of BOS)	GUIDANCE AND CAREER COUNSELLING
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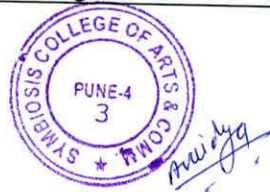
Objectives	<ol style="list-style-type: none"> To bring out the significance of career counselling To introduce various stages in counselling To highlight the need for career counselling at different stages of schooling.
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Detailed syllabus

Unit	Contents of the syllabus	Number of Lectures
1	1. CAREER COUNSELING: NATURE, PRESENT TRENDS AND FUTURE DIRECTION 1.1 Stages in Career Counselling: Self-discovery, understanding the nature of work, career alternatives 1.2 Career Counselling and the Development of Human Potential. 1.3 Present Trends in Career Counselling. 1.4 Future Direction in Career Counselling	10
2	2. THEORIES OF CAREER DEVELOPMENT 2.1 Holland's Theory of Vocational Personality and Work Environment. 2.2 Super's Development-Self Concept Approach 2.3 Bandura's Social Learning Approach 2.4 Implications of Career Theories for Counsellors	10
3	3. CAREER COUNSELING: LIFE SPAN APPROACH 3.1 Career counselling at school setting. 3.2 Career counselling at higher education level 3.3 Individual Counselling 3.4 Group Counselling.	10
4	4. COUNSELLING FOR PLANNING AND DECISION-MAKING 4.1 Definition and Career Interest in Career Planning 4.2 The changing nature of the world of work 4.3 Career planning and decision making in school 4.4 Career counselling in non-school settings.	10
	Total Number of Lectures	40

Suggested Reference Books

- Berk, L.E. (2003). Child development (6th ed.). Delhi: Prentice Hall of India.
- Mash, E.J., Wolfe, D.A. (1999). Abnormal Child Psychology. Belmont: Brooks/Cole.Wadsworth.
- Papalia D.E., Olds, S.W., Feldman, R.D. (2004). Human development (9th ed.). Delhi: TataMcGraw-Hill.
- Gelso, C.J., Fretz, B.R. (1995). Counselling psychology. Bangalore: Prism Books Pvt.Ltd
- Gibson, R.L., Mitchell, M.H. (2003). Introduction to counselling and guidance (6th ed.). Delhi: Pearson Education.
- Arulmani, G, Arulmani, S. (2004). Career counselling: A handbook. New Delhi: Tata McGraw-Hill Publishing Co.Ltd.
- Patterson, L.E., Welfel, E.R. (2000). The counselling process (5th ed.). Belmont: Wodsworth/Thomson Learning.
- Rao, S.N. (2006). Couselling and guidance (2nd ed). New Delhi: Tata McGraw-Hill Publishing Co.Ltd.
- Ferthan, C., Horton, I. (ed.) (2006). The sage handbook of counselling and psychotherapy (2nd ed.). London:



Sage publications.

10. Hecker, J.E., Thorpe, G.L. (2005). Introduction to clinical psychology: Science, practice & ethics. Delhi: Pearson Education.
11. Capuzzi, D., & Gross, D.R. (2008). Counseling and Psychotherapy: theories and interventions 4thEdn. Pearson Education: India.
12. Corey, G. (2008). Theory and practice of group counseling. Thomson Brooks/Cole: Belmont CA
13. Kottler J.A and Shepard D.S (2008) Counselling theory and Practices. cehgage learning India Pvt. Ltd.. New Delhi.
14. Chaturvedi R. (2007) Career Guidance and Counselling. Crescent Publishing corporation. New Delhi. 15. Kinara A.K (2008) Guidance and counselling. Person Education.
16. Kapur Malvika(2011) Counselling Children with Psychological Problems (1st) Dorling Kindersley(India) Pvt.Ltd. of Pearson Education.
17. Gladding S.T. (2014) Counselling: A Comprehensive Profession (7th Ed)Dorling Kindersley(India) Pvt.Ltd. of Pearson Education.

