



SYMBIOSIS

**Symbiosis College of Arts and Commerce**  
(An Autonomous College Affiliated to University of Pune)

Subject code	Semester	I	II	III	IV	V	VI	M.Com.	I	II	III	IV
Title of Subject (For F.Y. as appeared in the prospectus) (For S.Y. & T.Y. titles can be as per the approval of BOS)		<b>FOUNDATIONS OF PSYCHOLOGY I</b>										
Objectives	<ol style="list-style-type: none"><li>1. To help students get introduced to different concepts of Psychology</li><li>2. To help students understand various perspectives in Psychology</li><li>3. To give students the knowledge of basic concepts related to Biological foundations of behavior</li><li>4. To give students the knowledge of basic concepts related to sensation and perception in Psychology</li></ol>											
<b>Detailed syllabus</b>												
Unit	Contents of the syllabus											Number of Lectures
1	<b><u>Title of the topic</u> : The Science of Psychology</b> 1.1 What is Psychology? Definition and goals 1.2 Historical Perspectives in Psychology 1.2.1. Structuralism 1.2.2 Functionalism 1.2.3 Gestalt 1.2.4. Psychoanalysis 1.2.5 Origin of Indian Psychology											12
2	<b><u>Title of the topic</u> : Modern Perspectives in Psychology</b> 2.1 Behavioral 2.2. Humanistic 2.3. Bio psychosocial model 2.4 Cognitive 2.5 Multiculturalism											10
3	<b><u>Title of the topic</u> : Scientific Methods in Psychology</b> 3.1. Descriptive methods: Naturalistic, observation, case studies, surveys, correlations 3.2. Experimental method: Laboratory experiment and field experiment 3.3 Collect data from 30 individuals on any topic of your choice by using survey method											10
4	<b><u>Title of the topic</u> : Biological Foundations of Behavior</b> 4.1 Neuron: Structure and function, synapse, neurotransmitters 4.2 Central Nervous System 4.3 The Brain											12

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	4.3.1 Structure and function of the brain 4.3.2 Cerebral hemispheres	
5	<b>Title of the topic : Sensation and Perception</b> 5.1 Sensation: Definition, sensory receptors, sensory threshold 5.2 Definition of perception and perceptual constancies (size, shape and brightness) 5.3 Gestalt principles of perception	10
	Total Number of Lectures	54
<b>Suggested Reference Books:</b>		
<ol style="list-style-type: none"> <li>1. Feldman, R. S. (8th ed.) (2008). <i>Understanding psychology</i>. TMH.</li> <li>2. Ciccarelli, S. &amp; Meyer, G. E. (2006). <i>Psychology</i>. New Delhi: Pearson Education.</li> <li>3. Passer, M.W. &amp; Smith, R. E.(2007) <i>Psychology: The science of mind and behaviour</i>, N.Delhi, TMH</li> <li>4. Coon, D. &amp; Mitterer, J. O. (2007). <i>Introduction to psychology: Gateways to mind and behavior</i>. Singapore: Thomson Wadsworth.</li> <li>5. Lahey, B. B. (2003). <i>Psychology: An introduction</i>. New Delhi: Tata McGraw-Hill.</li> </ol>		
<b>Suggested Journals</b>		
<ol style="list-style-type: none"> <li>1. Indian Journal of Applied Psychology</li> <li>2. Personality and Individual Differences</li> </ol>		
<b>Web sites :</b>		
<ol style="list-style-type: none"> <li>1. Jstor.com</li> <li>2. science direct.com</li> </ol>		

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