



SYMBIOSIS COLLEGE OF ARTS AND COMMERCE
(An Autonomous College under Savitribai Phule Pune University)
Senapati Bapat Road, Pune 411004

AGENDA

The meeting for the academic year 2019-20 will be held on Monday, 7th October 2019 at 1.30 P.M. in Room No 105, Symbiosis College of Arts and Commerce, S.B Road, Pune.

The following agenda will be discussed in the meeting:

1. Syllabus for S.Y.B.A.
2. Google form for Feedback of syllabus (From Parent, teachers, Students & Employers)
3. Examiner for Psychology Department to be approved
4. Minor changes in Neuro-Psychology
5. Any other matter


Dr. Alpana Vaidya

HOD of Psychology


Dr. Anagha Lavlekar

(Subject Expert)


Dr. R.S. Mhaske

(Subject Expert)


Ms. Parul Tyagi

(Alumni Representative)



SYMBIOSIS COLLEGE OF ARTS AND COMMERCE
(An Autonomous College under Savitribai Phule Pune University)
Senapati Bapat Road, Pune 411004.

BOS 07/10/2019

Minutes of the BOS held on 7th October 2019

Sr. No.	Name of BOS	Name of Chairperson	Nominated members
1	Psychology	Dr. Alpana Vaidya	Dr. Anagha Lavalekar
			Dr. R.S. Mhaske
			Ms. Parul Tyagi

The meeting of the BOS was held on Monday 7th October at 1.30 p.m. in Room No. 105.

The following members were present:

Sr.No	Name	Designation
1	Dr. Alpana Vaidya	HOD of Psychology Department, SCAC
2	Dr. Anagha Lavalekar	Associate Professor & Head, Jnana Prabhodini's Institute of Psychology.
3	Dr. R.S. Mhaske	Associate Professor, Dept. of Psychology
4	Ms. Parul Tyagi	Alumnus

The following members expressed their inability to attend the meeting.

1	Mr. Atul Godse	Industry representative
2	Dr. Farzana Mulla	Neuro Psychologist

Dr. Alpana Vaidya, HOD of psychology department, Symbiosis College of Arts and Commerce called the meeting to order and the following business was transacted.

Item No: [BOS/2019/7/1]

TO WELCOME THE NOMINEES

The HOD of Psychology Department of SCAC has nominated following members BOS and welcomed the following members:

1. Dr. Anagha Lavalekar
2. Dr. R.S. Mhaske
3. Ms. Parul Tyagi

Copy of the syllabus of psychology for meeting held on Monday 7th October 2019 was given to members along with agenda of meeting.

Item No: [BOS/2019/7/2]

Syllabus for S.Y.B.A.

Subject – Adjusting to life challenges in modern era

Dr. Anagha Lavalekar & Dr. R.S. Mhaske suggested to revise 1st chapter i.e. Adjusting to modern life and 2nd chapter i.e. Coping Process to be revised. In Third Chapter points like What is modern life? Psychological dimensions of modern life to be added were the suggestions of Dr. Anagha Lavalekar.

Dr. Anagha Lavalekar & Dr. R.S. Mhaske suggested to delete 4th chapter i.e. Coping Process. In forth chapter they suggested to ad research related to various problems of modern life and mental health, pathological problems of digital platforms, challenges of urbanization & assignment related to research related to above topics to be given to the students.

Item No: [BOS/2019/7/3]

Google Form for Feedback of syllabus

Psychology Department has decided to take feedback from Parents, Teachers, Students & Employees.

The Committee has noted the same.

Item No: [BOS/2019/7/4]

Examiner for Psychology Department

Examiner for Psychology Department has to be approved. Dr. Anagha Lavalekar & Dr. R.S. Mhaske suggested to appoint Dr. Kakulte as Examiner for Practical of UG, Sheetal Ruikar as Examiner for M.A., Dr. Shaligram as Examiner for Theory and Ms. Shilpa for practical & practicum.

The committee noted the same.

Item No: [BOS/2019/7/5]

Minor Changes in Neuro Psychology

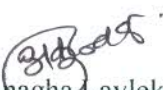
Dr. Anagha Lavalekar & Dr. R.S. Mhaske suggested to revise Neuro Physiological Psychology. Weightage for first topic is to be changed to 05 marks and of third topic that is Neuropsychological Assessments is to be changed to 15 marks.

The Committee has noted the same.

The meeting ended with the vote of thanks to the Chair


Dr. Alpana Vaidya


HOD of Psychology


Dr. Anagha Lavlekar

(Subject Expert)


Dr. R.S. Mhaske

(Subject Expert)


Ms. Parul Tyagi

(Alumni Representative)



॥ सत्यमेव जयते ॥
SYMBIOSIS

Symbiosis College of Arts and Commerce
(An Autonomous College Affiliated to University of Pune)

SYMBIOSIS														
Subject code		Semester		I	II	III	IV	V	VI	M.Com.	I	II	III	IV
Title of Subject (For F.Y. as appeared in the prospectus) (For S.Y. & T.Y. titles can be as per the approval of BOS)		Neuro Physiological Psychology												
Objectives		1. To help students get introduced to different concepts of Neuro Psychology 2. To help students understand various perspectives in Neuro Psychology 3. To give students the knowledge of basic concepts related to Neuro Psychology disorders.												
Detailed syllabus														
Unit	Contents of the syllabus													Number of Lectures
1	Title of the topic : Introduction & Evolution of Neuropsychology 1.1 Introduction: relevance & scope 1.2 Neuropsychology: Past, Present and Future													05
2	Title of the topic : Structural & Functional Neuroanatomy 2.1 Structure of brain & spinal cord 2.2. Communication within & between neurons													10
3	Title of the topic : Neuropsychological Assessments 3.1 Basic Concepts and Principles of Neuropsychological Assessment 3.2 Practical considerations, ethics & good clinical/ research practice in neuropsychology 3.3 Attention, Perception & Visuospatial functions, Memory, Executive Functions, Language													15
4	Title of the topic : Disorders of the brain & rehabilitation 4.1. Cognition in neurological disorders, e.g. stroke, dementia, epilepsy, head injuries etc. 4.2. Cognition in psychiatric disorders, e.g. schizophrenia, mood disorders 4.3. Plasticity, recovery and rehabilitation of the brain													10
	Total Number of Lectures													40
Suggested Reference Books:														
1. Bryan Kolb & Ian Whishaw. Fundamentals of Human Neuropsychology. 5th / 6th Edition. (5th ed: 2003, 6th ed: 2008). Worth Publishers.														

Aravind

B. K. Kolb

B. K. Kolb

P. Tyagi

2. Muriel Deutsch Lezak, Diane B. Howieson, Erin D. Bigler *Neuropsychological Assessment* 5th Edition V (2009) *Essentials of Neuropsychological Assessment* (2nd Ed) John Wiley & Sons, New Jersey.
3. Gazzaniga, M.S, Ivry, R. B. Mangun, G.R. *Cognitive Neuroscience: The Biology of the Mind*. 3rd edition. 2009. Norton & Co.
4. William J Ray (adapted by Anuradha Sovani). *Abnormal Psychology: Neuroscience perspectives on human behaviour and experience*. 1st edition (2018). Sage Press

Suggested Journals

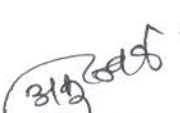
1. Journal of Clinical and Experimental Neuropsychology
2. Neuropsychologia
3. Cortex
4. The Clinical Neuropsychologist

Web sites :

- 1 Jstor.com
- 2 science direct.com
- 3 www.pubmed.com
- 4 Brain Atlases
<http://www.med.harvard.edu/aanlib/home.html>
<https://www.brainfacts.org/3d-brain>


Dr. Alpana Vaidya

HOD of Psychology


Dr. Anagha Lavlekar

(Subject Expert)


Dr. R.S. Mhaske

(Subject Expert)


Ms. Parul Tyagi

(Alumni Representative)



Symbiosis College of Arts and Commerce
(An Autonomous College Affiliated to University of Pune)

SYMBIOSIS													
Subject code		Semester	I	II	III	IV	V	VI	M.Com.	I	II	III	IV
Title of Subject (For F.Y. as appeared in the prospectus) (For S.Y. & T.Y. titles can be as per the approval of BOS)		ADJUSTING TO LIFE CHALLENGES IN MODERN ERA											
Objectives	1. To acquaint the students with various perspectives of psychology of adjustment. 2. To familiarize the students with modern ways of effective adjustment. 3. Students will be enabled to detect and resolve conflicts and aggressive behavior. 4. Students will be acquainted with marital stage and the various adjustments needed for the same. 5. To enable the students to make appropriate career choices and guide others to do so.												
Detailed syllabus													
Unit	Contents of the syllabus												Number of Lectures
1	Title of the topic : ADJUSTING TO MODERN LIFE 1.1 Psychology of Adjustment- Nature and definition 1.2 What is modern life? 1.3 Various problems related to modern life 1.2.1. Pathological problems 1.2.2. Digital platform problems 1.4. Modern life and Mental health 1.5. Challenges of urbanization 1.6 Healthy life style												12
2	Title of the topic - MARRIAGE AND INTIMATE RELATIONSHIP 2.1 Moving Towards Marriage 2.2 Marital Adjustment across the Family Life Cycle 2.3 Vulnerable Areas in Marital Adjustment and Divorce i. Gaps in Role Expectation ii. Work and Career Issues iii. Financial Difficulties iv. Inadequate Communication												12

Arvind

31/3/2020

IS/Ida

P. Tyagi

	v. Deciding On and Adjusting To Divorce 2.4. Alternatives to Marriage: Remaining Single and Co-Habitation	
3	Title of the topic : STRESS AND ITS EFFECTS 1.1. Nature of stress 1.1.1. Stress is an everyday event 1.1.2. Stress lies in the eye of the beholder 1.1.3. Stress may be embedded in the environment 1.1.4. Stress may be self-imposed 1.1.5. Stress is influenced by culture 1.2. Major types of stress 1.2.1. Frustration 1.2.2. Conflict 1.2.3. Pressure 1.2.4. Change 1.3. Responses to stress 1.3.1. Emotional 1.3.2. Physiological 1.3.3. Behavioral 1.4. Potential effects of stress 1.4.1. Impaired task performance 1.4.2. Disruption of cognitive functioning 1.4.3. Physical illness 1.4.4. Positive effects	12
4	Title of the topic : CAREER AND WORK 12 4.1 Choosing a Career i. Examining Personal Characteristics and Family Influences ii. Researching Job Characteristics iii. Using Psychological Tests for Career Decisions iv. Taking Important Considerations in Account 4.2 Models of Career Choice and Development: I. Holland II. Super 4.3 Coping with Occupational Hazards I. Job Stress II. Sexual Harassment III. Unemployment 4.4 Work-Life Balance: Work Holism, Family Roles, Leisure and Recreation	12
	Total Number of Lectures	48

A. Aridya

31/10/2020

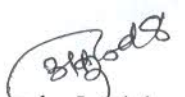
R. Pidas

P. Tyagi


	Assignment topic: <ul style="list-style-type: none"> What research say about challenges of modern life and adjustment 	
Suggested <ol style="list-style-type: none"> 1. Weiten, W. Dunn, D. S. and Hammer, E.Y. (2015). Psychology Applied to Modern Life: Adjustment in the 21st Century. Wadsworth publishing (10th edition). 2. Weiten, W. and Lloyd, M. India Edition 8th (2007). <i>Psychology applied to modern life: Adjustment in the 21st century</i>. Thomson, 3. Brannon, L. and Feist, J. (2007). <i>Introduction to health psychology</i>. India ed. N.D.: Thomson. 4. Carson, R. C.; Butcher, J. N. and Susan Mineka (2000). Abnormal psychology and modern life. Lazarus, R. S. (1961) <i>Patterns of adjustment</i>. N.D.: Mc-Graw-Hill 5. Martin, L.G.; Osborne, G. (1989). <i>Psychology: Adjustment and everyday living</i>. N.J.: Prentice-Hall, Englewood Cliffs. 6. 		
Suggested Journals		
Web sites :		


Dr. Alpana Vaidya

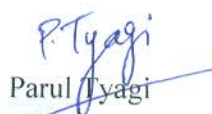
HOD of Psychology


Dr. Anagha Lavlekar

(Subject Expert)


Dr. R.S. Mhaske

(Subject Expert)


Ms. Parul Tyagi

(Alumni Representative)